



Open hearts welcome



**MONTREAL
HEART
INSTITUTE
FOUNDATION**

2022-2023 ANNUAL REPORT

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Board of directors,
committees and
volunteers

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mhifoundation.org

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A message from the Board Chair

As the Montreal Heart Institute prepares to celebrate its 70th anniversary, it is safe to say it has helped define the cardiovascular medicine of today while paving the way for the medicine of the future. **The major milestones that have marked the history of the MHI are a source of immense pride for us all!** In Canada, the Institute has been nothing short of a pioneer: it performed the country's first heart transplant in 1968, the first coronary angioplasty in 1980 and the first coronary artery bypass graft in 1996.

Over the years, the myriad research projects carried out at the MHI have helped **increase the life expectancy and healthy life expectancy** of citizens around the world. Despite the prevalence of heart disease, more and more people can expect their health condition to improve. This has been made possible thanks to our community of donors.

The MHI is Canada's first hospital to specialize in cardiology and has become a world-class centre in its own right. And we can continue to set ambitious goals thanks to the support we receive from our highly mobilized community.

Thank you to everyone who has contributed to helping the Montreal Heart Institute remain at the forefront of medicine since 1954.

Thank you for being by our side in 2022.

Thank you for helping us lay the groundwork for the cardiovascular medicine of the future.



“Despite the prevalence of heart disease, more and more people can expect their health condition to improve. This has been made possible thanks to our community of donors.”

A handwritten signature in black ink, appearing to read 'Daniel Lamarre'. The signature is stylized and fluid, with a long horizontal stroke extending to the right.

Daniel Lamarre

Chairman of the Board of Directors

A message from the President and CEO

Thanks to the support of the donors, partners and volunteers who are part of the extended family at the Montreal Heart Institute, we've been able to continue making advances in cardiovascular medicine this past year while laying the groundwork for the future. Our goal of continuously increasing the healthy life expectancy of citizens both here and abroad is only possible because you remain by our side.

Knowing that **9 out of 10 Canadians over the age of 20 have at least 1 risk factor for cardiovascular disease** makes our mission more vital than ever. By boosting our efforts in prevention, pushing the boundaries of research, providing education at the cutting edge of knowledge and improving treatments, we'll be able to save even more lives.

This year, we allocated **\$22 million to the MHI**. This amount is in addition to the \$352 million donated by the Foundation since it was created in 1977. No matter how big or small, every donation conveys a message of solidarity to those with sensitive hearts: our care staff, researchers and patients.

As the MHI prepares to celebrate its 70th anniversary, its medical and social legacy is undeniable. We're proud of our history and our dedication to innovation which is now firmly part of our DNA.

I am extremely proud of the successes outlined in this annual report. I am also very moved by the compassion that has united our highly mobilized community. After all, we all share the same vision: to save even more lives.

From the bottom of my heart, thank you for your loyalty.



Alain Gignac

President and Chief Executive Officer



“By boosting our efforts, we’ll be able to save even more lives.”

Financial Statements

Statement of financial position as at March 31, 2023

(In thousands of dollars)

	2023	2022
Assets		
Investments	\$129,432	\$133,937
Cash	4,785	1,439
Accounts receivable	947	483
Inventories	–	15
Other assets	768	703
Total assets	135,932	136,577
Liabilities		
Accounts payable and accrued liabilities	6,916	3,395
Total liabilities	6,916	3,395
Fund balances		
Restricted	120,756	124,388
Unrestricted	8,260	8,794
Total fund balances	129,016	133,182
	\$135,932	\$136,577

Note: Copies of the Montreal Heart Institute Foundation's financial statements are available on our Website or at the following address: **The Montreal Heart Institute Foundation, 5000, rue Bélanger, Montréal (Québec) H1T 1C8**
fondationicm.org

Statement of operations and changes in fund balances

Year ended March 31, 2023 (In thousands of dollars)

	2023	2022
Donations	\$17,618	\$12,593
Bequests	3,057	1,816
Fundraising activities	2,050	1,748
Total of donations, fundraising activities and Bequests	22,725	16,157
Investment revenues	5,147	7,794
Change in the unrealized fair value of investments	(5,442)	(998)
Total investment (expenses) revenues	(295)	6,796
Operational subtotal	22,430	22,953
Direct and indirect costs of donations and fundraising activities	1,812	1,501
Net operating revenue	20,618	21,452
Administration expenses	3,049	2,820
Excess of revenue over expenses before contributions	17,569	18,632
Contributions: research, technology development and other	21,735	21,701
Deficiency of revenue over expenses	(4,166)	(3,069)
Fund balances, beginning of year	133,182	136,251
Fund balances, end of year	\$129,016	\$133,182

Contributions

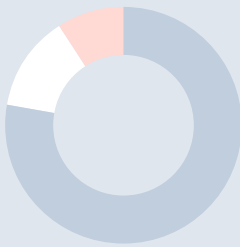
The Foundation is committed to pay the Montreal Heart Institute amounts totalling \$28,038,482. These amounts include a commitment of \$588,276 for Phase II of the Montreal Heart Institute in *Excellence construction project*.

Summary of 2022-2023

Our exceptional donors have allowed the Institute to remain a world leader in cardiology and an internationally renowned centre focused on defining innovative approaches at the cutting edge of know-how with state-of-the-art technology.

Thanks to the generosity of our **25,957** donors, the Foundation raised **\$21,945,883** this year. Thank you for making a difference in the lives of tens of thousands of patients and their families.

Gifts came from

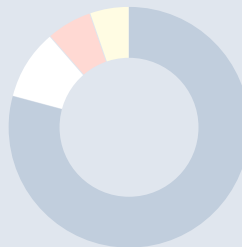


78%
Major donations
and planned gifts

13%
Direct marketing

9%
Fundraising activities

In 2023, the Foundation allocated \$21,945,883 to the Institute



\$17,390,887
Research

\$2,084,772
Technology

\$1,324,559
Prevention

\$1,145,665
Teaching

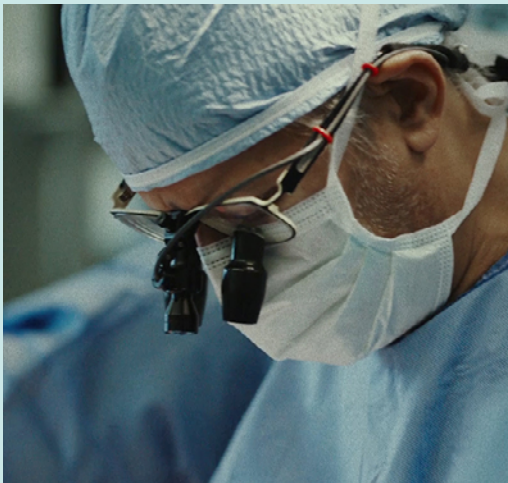
The Foundation pays close attention to its investment funds and stock portfolios chosen by its managers and endeavours to invest with ESG (environment, social and governance) criteria in mind. This is our way of ensuring the industry becomes more responsible and sustainable.

Your donations change lives

No matter how big or small, every contribution helps us make advances in research, optimize treatments, transmit cutting-edge know and prevent heart disease.

RESEARCH

Consolidation of the Canadian Heart Function Alliance (CHF Alliance)



In 2022, the Montreal Heart Institute Foundation helped create a pan-Canadian alliance to help improve the health of Canadians suffering from heart failure. This alliance spans eight provinces and one territory and brings together 11 patient/caregiver partners, 13 Indigenous partners and 132 researchers of which 42% are women and two dozen are in the early stages of their career. Together, we collaborate on 23 promising research projects.

CARE

Partenaires de cœur, a social program that helps provide patients with access to essential services

Now more than ever, the *Partenaires de cœur* project plays an important role in helping patients benefit from care at the MHI.

The social service helps patients:

- Purchase essential medication
- Pay for accommodation
- Buy essential equipment (ex.: blood pressure monitor, walker, etc.)
- Pay for travel costs (taxi and bus)
- Purchase food thanks to grocery gift cards

The many donations received in 2022 enabled the social service team to raise awareness of the *Partenaires du cœur* project among MHI employees. This has led to an increase in the number of applications submitted in 2023, providing more patients with access to the program.

PREVENTION

Prevention and remission from pre-diabetes and diabetes

One in 3 Canadians has diabetes. Better treating the global diabetes pandemic – which reduces a person’s life expectancy by 7 to 10 years – is at the heart of research into vascular diseases that cause strokes + atherosclerosis + heart attacks. In 2022, the Sun Life Diabetes Prevention and Remission Clinic at the EPIC Centre provided support and treatment to 468 patients, a record number.

Twenty percent of participants diagnosed with pre-diabetes and 12% of all participants diagnosed with diabetes achieved the remission criteria. The clinic’s multidisciplinary approach is a testament to the exceptional dedication of team members.

EDUCATION

Rewarding the next generation

Since 1997, the Foundation has awarded the *Prix Martial G. Bourassa* to a young doctor focused on clinical or basic research. This year’s recipient, Dr. Lena Rivard, has been a cardiologist with the electrophysiology service at the Montreal Heart Institute (MHI) since 2010. She specializes in complex ablation procedures and monitors patients at the Genetics Clinic and the Ventricular Arrhythmia and Atrial Fibrillation (AF) Clinic. She is the principal investigator of the BRAIN-AF study that was launched in 2015 and approved by Health Canada. Currently ongoing in 44 Canadian centres, it is the world’s first study that aims to analyze the effects of atrial fibrillation on cognitive decline in patients aged 65 and under.

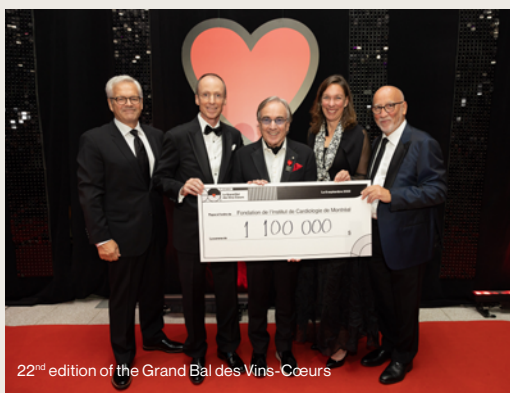


From left to right: Dr. Philippe L. Lallier, cardiologist and Director of Cardiovascular Prevention and Rehabilitation; Mélanie La Couture, President and CEO of the MHI; Dr. Jean-Claude-Tardif, Director of the Research Centre; Dr. Lena Rivard, cardiologist specializing in electrophysiology and recipient of the Prix Martial G. Bourassa 2022; Alain Gignac, President and CEO of the MHIF; and Dr. Eileen O’Meara, cardiologist

Fundraising events and activities

Thank you for supporting the Foundation’s fundraising events and activities. Your dedication and mobilization make it possible for us to promote cardiovascular health throughout the community.

Fundraising events and activities



22nd edition of the Grand Bal des Vins-Cœurs

Grand Bal des Vins-Cœurs
22nd edition – September 8, 2022
\$1,067,268 raised

Cœurs chanceux
April 5, 2023
\$254,659 raised

Cœurs battants
April 28, 2022
\$140,411 raised

Kanawaki Golf Tournament
August 1, 2022
\$121,521 raised

Montreal Auto Show Charity Preview
January 19, 2023
\$111,809 raised

Les fonds du cœur Campaign
April 7 to 27, 2022
\$105,494 raised

MHI employee donation campaign
\$29,301 raised

Projects organized by third parties **\$83,375 raised**

- Omnium Roland-Beaulieu
- Clément-Phaneuf Golf Tournament
- Polo avec cœur
- Auction – Galerie d’Art St-Vincent de Paul
- Quilt – Chantal Charrette
- Le tricheur – Paul Daraiche
- Sale of maple products – Résidence le Symbiose
- Funding Innovation
- Performance – Joe Caccione

Active-toi online fundraisers **\$19,032 raised**

- Charity hockey game in honour of Brad Davis – Jarred Kotler and Robert Cressaty
- A generous donation for the gift of life – Chris Bishara
- Fundraiser – Jean-Philippe Brais
- Roller Marathon Canada
- Donner c’est Cool – Éric Cool
- In memory of Paul Saumure

Thank you to our donors

Thank you to the sensitive hearts who supported our cause with donations of \$5,000 or more between April 1, 2022, and March 31, 2023, or who have committed to donating to the Foundation.

Individual donors

\$1 million and more

Laurent and Claire B. Beaudoin

\$100,000 to \$999,999

André Chagnon

Karen and Murray Dalfen*

André Desmarais and France Chrétien Desmarais*

Paul and Héléne Desmarais

Sophie Desmarais*

\$25,000 to \$99,999

Alain Bellemare*

Roger Casgrain and Colette Charest

J.V. Raymond Cyr

Anthony Dewell

Yvan Dupont*

Paul Durocher

Christine Gélinas and Antoine Elie

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Yves Lanthier

Luc Martin

Diane and Pierre Michaud*

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Gérard Paris

Joseph Ribkoff

William Rosenberg

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\$5,000 to \$24,999

Pierre Ancil

Rosaire Archambault*

Chris Arsenault

Micheline Audette

René Bélanger

Bernard Bélisle

Marie-Lyse Bergeron and Eric Lamarre

Jeanne Boisclair

Jean Boisvert

Janine Bombardier and Docteur Sadok Basrour

Raymond Boudreau

Christiane Bourassa

Nicole Brault

Pierre Cardinal

Alfonso Carnevale

Serge Carrière

Pierre Cloutier*

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François Fréchette

Claude Gagliardi

Cherif Habib*

*Donors who have made a multi-year commitment.

The Foundation's recognition plan was modified in 2022-2023.

Lucie Kuryluk
 Monique Lachapelle
 Daniel Lalonde*
 Jean-Luc Lapierre and Claire Bédard
 Jean L. Leduc
 John and Joanne Leopold
 Pierre H. Lessard*
 Gilda and Benton Lewis
 Tom Little and Ann Sutherland
 Thi Huong Ly
 Claude Marcoux
 La famille Jean C. Monty
 Paul Morimanno
 Docteur Stanley Nattel
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 Deon Ramgoolam
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 Ben D. Sulsly
 Louis A Tanguay*
 Paul M. Tellier
 Carmelo Tillona
 Ada Trak
 Ginette Tremblay
 Mirhossein Valavy
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Companies and Foundations

\$1 million and more

Carsley Family Foundation*
 The Molson Foundation*

\$250,000 to \$999,999

Abbott*
 Fondation Famille Léger*
 Belmont Foundation*

Heart & Stroke Foundation*
 Hewitt Foundation*
 J.-Louis Lévesque Foundation*
 Mirella and Lino Saputo Foundation*
 Sun Life*

\$50,000 to \$249,999

Bell*
 BMO Financial Group*
 Canada Life*
 CDPQ*
 Cirque du Soleil Entertainment Group
 CN*
 CP*
 Desjardins Group*
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 MHI Associate Cardiac Surgeons*
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 Norman Fortier Foundation
 Nova Steel
 Power Corporation of Canada*
 PSI Foundation
 RBC Royal Bank*
 TD Bank Group
 TFI International*
 The Montreal Automobile Dealers Corporation
 Foundation

\$5,000 to \$49,999

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 Alvin Segal Family Foundation

*Donors who have made a multi-year commitment.
 The Foundation's recognition plan was modified in 2022-2023.

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 BlackRock Asset Management Canada Limited
 Bombardier
 Broccolini
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 Cascades Canada ULC
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 Christie Innomed
 CIBC
 Cogeco*
 Desdowd Inc.
 Dollarama L.P./S.E.C.
 Energir*
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 Fasken s.r.l.*
 Fednav Limited
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 Fondation Famille Le Blanc*
 Fondation Huguette et Jean-Louis Fontaine
 Fortune Option Inc.
 Gauthier Lépine Managemant Inc.
 Groupe Petra
 IBM Canada Ltd
 IEGOR-Hotel of Montreal Auctions Inc.
 Intact Financial Corporation
 Jacques and Michel Auger Foundation
 JM Roy Foundation
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 Lallemand Inc.
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 PEAK Financial Group*
 Planit Construction & F.M.

Pro-Tac Industries inc.
 Protech Foundation
 Rachel Therrien Foundation
 RBC Capital Markets
 Reitmans (Canada) Limited
 Robert Sawyer Foundation
 Rosaire Dubé Management Inc.
 Saputo Inc.
 Sopexa*
 Stifel GMP
 TELUS*
 The Birks Family Foundation*
 The Intensivists of MHI*
 The LeRoyer Works
 The MHI emergency doctor's*
 The Morris & Rosalind Goodman Family Foundation
 The Roses of Hope Foundation
 The Vartan and Lise Toroussian Foundation
 TMX Group
 Trudeau Corporation
 Université Concordia

Goods and services (\$5,000 and more)

BMW Laval
 Box Expériences
 Cavavin
 Cirque du Soleil
 Fung Sou
 Magda Frederik Cosmétiques Spécifiques
 Narcity
 Paragraph
 Roche Bobois
 Saputo
 SAQ
 Vinator
 Vins du Portugal

We also want to thank all the donors who wish to remain anonymous. Thank you for your generosity!

*Donors who have made a multi-year commitment.
The Foundation's recognition plan was modified in 2022-2023.

Give with heart

Planned giving allows you to provide long-term support to the Institute and enables its experts to do more to heal sensitive hearts. It's also a way for you to leave your mark and inspire future generations to push the boundaries of medicine and redefine what is possible.

By showing your appreciation for the Institute with a planned donation, you'll be changing lives while giving new meaning to your own.

Thank you to our 110 visionary donors who have planned a donation with us.

We'd like to commemorate the heartfelt gestures of our Visionaries who are no longer with us. Their dedication to the Institute will stand the test of time.

Bequests received in 2022-2023

Rita Lumba Bacani (V.C. Jun) & family
 Madeleine Bourassa
 Roger Brisson
 Ann Lucy Brown Warren
 Dorothy Cannon-Mercier
 Aline Dazé
 René Deschâtelets
 Marcelle Doucet Poliquin
 Mai Hang Duong
 Gilles Ferlatte
 Rhéal Galant
 Yolande Guyot
 Richard David Kert
 René Lambert
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Raymond Mainville
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 Claude Martineau
 Mohammad Amin Akhtar Mirza
 André Montpetit
 Louise Noël Picard
 Jacques Noël de Tilly
 Jean-Claude Rémillard and Sylvianne Lamy
 Jeanne Richer Dalbec
 Philippe Robidoux
 Richard St-Jean
 Denise St-Onge
 René Théberge
 Gilles Véronneau

The Foundation's recognition plan was modified in 2022-2023.

Board of Directors, committees and volunteers

The Foundation is proud to count on the support and expertise of volunteers who sit on its Board of Directors and various committees.

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