A heartfelt gesture that saves lives
Every year, your gifts keep thousands of hearts beating.
Table of Contents

Message from the Chair of the Board of Directors and the Chief Executive Officer ............................................ 05
Mission, Values and Code of Ethics ...................................................... 07
2018-2019 Overview ........................................................................ 08
Activity report ............................................................................. 08
Flagship Campaign .......................................................................... 10
Prevent, Predict, Cure ..................................................................... 10
Transformed Lives .......................................................................... 12
Patient testimonials ....................................................................... 12
The Montreal Heart Institute ............................................................. 17
Key figures ................................................................................... 18
Scholarships, Awards and Honours ................................................ 20
Highlights ................................................................................... 21
Outreach and publications ............................................................... 22
We Bring your Gift to Life ............................................................... 24
Research ..................................................................................... 24
Teaching ...................................................................................... 28
Prevention .................................................................................... 30
Your Generosity Knows No Bounds ................................................ 32
Events of the Foundation ................................................................ 32
The Foundation’s partnerships ....................................................... 38
Third-party financing projects ....................................................... 42
Visionary Circle ........................................................................... 44
Dr. Paul-David Society .................................................................... 45
Supporting Excellence ................................................................... 46
Scholarships in nursing ................................................................. 46
Rewarding the Next Generation .................................................... 47
Celebrating Excellence ................................................................... 48
21st Research Day .......................................................................... 48
Your Gifts Make a Difference ........................................................ 50
Thank you to our donors ............................................................... 52
Thank you to our volunteers ......................................................... 54
Thank you to our partners ............................................................. 56
Board of Directors and Emerging Leaders Committee Members .... 58
Financial Statements ..................................................................... 60
Message from the Chair of the Board of Directors and the Chief Executive Officer

Cardiovascular diseases have many faces. Always ranked as the leading cause of death worldwide, cardiovascular diseases affect our loved ones, regardless of age, gender or social status. This is certainly what mobilizes donors to the cause of cardiovascular health, and makes the Montreal Heart Institute Foundation a key player on the Quebec philanthropic scene. For 42 years now, we have helped the Institute and all those who work there to surpass themselves in order to offer the best to patients. Thanks to the extraordinary generosity of our donors and partners, we invest in the health of the 68,000 people followed annually at the Montreal Heart Institute, and we maintain the Institute’s national and international reputation for excellence.

Year after year, we set new standards in the excellence of care, research and teaching, as well as in the prevention of cardiovascular disease. We would like to express our gratitude, because each of you allows the Institute to make a real difference. Thanks to your trust, our sustained efforts and the expertise of the Institute’s experts, we bring your gifts to life. These allow us not only to meet the priority needs of the Institute and its patients, but also to push the boundaries of science and medicine. We are also delighted to be able to ensure a better quality of life for patients thanks to advances in care, the acquisition of state-of-the-art equipment and, above all, the enthusiasm and the dedication of the Institute’s staff.

On a daily basis, each gesture contributes to bringing cardiology to new heights. Just think of the major Prevent, Predict, Cure campaign launched in 2014. The objective of this campaign was simple: to invest in the most promising areas of cardiovascular health, to ensure that the Institute remains among the best cardiology centres in the world. Investments have been made in four areas: cardiovascular imaging, cardiovascular genetics, innovation and personalized care, and prevention. As part of this campaign, the impact of charitable gifts is undeniable and the achievements are extraordinary. In addition to creating research chairs, acquiring new state-of-the-art equipment and conducting innovative clinical studies, we were able to contribute to the expansion of the EPIC Centre, the largest cardiovascular prevention centre in Canada, and create prevention observatory with international reach.

A major digital shift is also underway at the Institute in order to place the Patient-as-a-Partner at the heart of care. Today, we are proud to be able to say that a milestone has been reached. It should be noted that these achievements are part of the major project Investing in Excellence, which will make the Montreal Heart Institute the largest cardiovascular training and education centre in the country.

In light of these achievements, the role of the Montreal Heart Institute Foundation is more essential than ever to promote the Institute’s talents, particularly those of nurses, and those of our Fellows. Indeed, they represent the next generation of health care professionals who are pursuing their studies to develop the expertise to solidify the Institute’s achievements.

Finally, we would like to thank and highlight our donors, collaborators, volunteers and partners, as well as the members of the Board of Directors and experts who are involved in our various committees, on behalf of the cause we all care about! We would also like to thank the Institute’s skilled and dedicated health care teams, as well as the Foundation’s formidable team, a passionate team that works to promote the Institute and give it the means to achieve its ambitions. We are extremely grateful to have a committed and caring community. Together, we are making hearts beat and we are changing the lives of tens of thousands of Quebecers.

Lino A. Saputo, Jr.
Chair of the Board of Directors

Josée Noiseux
Chief Executive Officer
Mission

The Foundation collects and administers funds to support research, care, teaching, prevention, rehabilitation, and the evaluation of new technology at the Montreal Heart Institute. We therefore have a hand in the excellence of a world-class institution that serves the Quebec community.

Values

We value involvement, integrity, listening and respect to obtain conclusive and effective results, while responsibly, honestly, transparently and soundly managing the funds entrusted to us. Our determination to go the extra mile is inspired by the work of our many volunteers.

Code of Ethics

The Foundation has established a code of ethics and professional conduct that was approved by its Board of Directors. The corporation thereby commits to building and maintaining an exemplary reputation in terms of ethics and professional conduct throughout all levels of its structure.

Each Board member must comply with the standards outlined in this code, which includes provisions for conflicts of interest, confidential information, employment and external resources, entertainment, gifts and benefits as well as the use of the corporation’s goods and property.
2018-2019 Overview

Activity report

Gifts made to the Montreal Heart Institute Foundation have helped us provide the Montreal Heart Institute with the means to reach its goals. Since its creation in 1977, the Foundation has raised more than $283 million for the Institute.

These gifts are turning innovative projects into reality and are improving the treatments available for patients suffering from cardiovascular disease thanks to less invasive treatment techniques and preventive approaches on the cutting-edge of science and technology. These medical breakthroughs make a real difference in the lives of patients.

Average yearly contributions to the Institute

1977–1998: $1.8 million
1998–2003: $5.4 million
2003–2008: $8.2 million
2008–2013: $13.5 million
2013–2018: $16.8 million
2018–2019: $23.7 million

The Foundation's financial statements show that the excess of revenues of expenses before contributions is $18.9 million. This amount was used as follows:

<table>
<thead>
<tr>
<th>Amount</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>$23.7 million</td>
<td>Annual Contribution to the Institute</td>
</tr>
<tr>
<td>$4.8 million</td>
<td>Use of available funds for the Investing in Excellence Development Project</td>
</tr>
<tr>
<td>$15.2 million</td>
<td>Research</td>
</tr>
<tr>
<td>$1.6 million</td>
<td>Investing in Excellence</td>
</tr>
<tr>
<td>$3.3 million</td>
<td>Technological Innovation</td>
</tr>
<tr>
<td>$2.6 million</td>
<td>Prevention</td>
</tr>
<tr>
<td>$1 million</td>
<td>Education</td>
</tr>
</tbody>
</table>

Gifts came from

67% Major and Planned Gifts
17% Events and Fundraising Projects
16% Direct Marketing

The Foundation donated $23.7 million to the Institute.
At the Montreal Heart Institute, the tradition of innovation and the desire to reach new heights are the pillars of the organization. Thanks to the many funding initiatives that have marked the decades, the Montreal Heart Institute continues to pursue its mission of excellence and innovation. The Prevent, Predict, Cure campaign enabled the Foundation to raise $82.7 million. The money raised will be fully reinvested in the most promising areas so that the Montreal Heart Institute can continue to provide the best care to its patients and remain among the best cardiology centres in the world.

Prevent, Predict, Cure

From 2014 to 2019

Care

Acquisition of the da Vinci Xi Surgical Robot
The acquisition of the da Vinci Xi surgical robot – nicknamed PiXi, the first of its kind solely dedicated to cardiac surgery in Canada, is the result of one of the major investments made as part of the Prevent, Predict, Cure campaign.

Since its inauguration in 2017, the da Vinci XI has enabled more than 125 minimally invasive surgeries, contributing to the well-being of patients by reducing the length of hospital stays, the remission time and the risk of complications.

Initiation of the Digital Shift at the Montreal Heart Institute
More than just a transition to higher technology, the initial phase of the digital shift at the Montreal Heart Institute marks the beginning of a new era. This is a pivotal moment when, thanks to the implementation of technological infrastructures and digital tools, the patient will now be a true partner in his or her care and will benefit from a simplified and personalized stay at the Institute.

Education and Training

Creation of the Fellowship Program in Surgical Intensive Care
The intensive care unit is the largest clinical unit of the Montreal Heart Institute. Annually, more than 2,000 patients who have undergone complex surgical procedures are treated in this unit. The objective of the Surgical Intensive Care Fellowship Program is to provide physicians with a unique, high-calibre, and state-of-the-art training in perioperative intensive care. The training of future leaders will make it possible to export and disseminate best practices in the field.

Prevention

Modernization and Expansion of the EPIC Centre
The Institute will reach new heights in innovation, thanks to the generosity of donors. The funds raised will allow the EPIC Centre, currently Canada’s largest cardiology prevention centre, to expand and modernize its services. Indeed, the renovations will add additional facilities to accommodate both the medical team and the Centre’s members, as well as a research gymnasium and laboratories dedicated to the study and prevention of cognitive disorders and dementia.

Research

COLCOT (Colchicine Cardiovascular Outcomes Trial) Clinical Study
Conducted in 13 countries, the COLCOT clinical study was launched at the Institute in 2015. Today, more than 4,700 participants are helping to measure the impact of the colchicine’s effectiveness, a drug extracted from the Autumn Colchicine – a plant known for its anti-inflammatory properties – in preventing the recurrences of cardiovascular events.

Three Research Chairs

The Prevent, Predict, Cure campaign has given rise to three chairs headed by the Montreal Heart Institute, in partnership with the Université de Montréal:

• The Marcelle and Jean Coutu Foundation Chair in Innovative Surgical Treatments for Heart Failure of the Université de Montréal at the Montreal Heart Institute
• The Marcelle and Jean Coutu Foundation Chair in Innovative Surgical Treatments for Heart Failure of the Université de Montréal at the Montreal Heart Institute
• The Mirella and Lino Saputo Research Chair in Cardiovascular Health and Cognitive Impairment Prevention of the Université de Montréal at the Montreal Heart Institute

Thank you
Transformed Lives

Julie du Page
At 38 years old, she had an arrhythmic area removed from her right ventricle.

Transfered from one facility to another, it was eventually confirmed that the arrhythmia was the cause of her discomfort. “I heard all kinds of things, including sudden death, but no one was doing anything,” says the bubbly mother.

Dr. Lena Rivard comes at the right time
Sick with fear and the feeling of being left on her own, Julie decided to take control of her destiny. It is at the Montreal Heart Institute that she meets the cardiologist Dr. Lena Rivard, whose expertise and reputation are well known.

*The first time I was in contact with Dr. Rivard,* explains Mrs. du Page, “I immediately felt confident. She was sympathetic to my condition and, finally, I didn’t feel like I was bothering or that I was just a number.”

A surgery that changed everything
At 38 years old, Julie du Page had an arrhythmic area removed from her right ventricle. Since then, her life has found a new breath. “It has been seven years since the operation took place, and everything is fine. I have regular follow-ups that do not show any return of the disease. I even got my restorative sleep back,* she explains.

The first time he set foot at the Montreal Heart Institute, Sylvain Bédard was 13 years old. That was in 1980. He had just lost his older sister, who died of a heart attack while jogging. Her premature death had prompted the Institute’s specialists to screen all family members.

Nearly 40 years later, he still remembers his first consultation. The way the health care team treated him were symbolic of a promise: that he would be watched over.

A second heart transplant
Suffering from a cardiomyopathy, this stay at the Montreal Heart Institute was unfortunately only the first of many. At the age of 33, after several weeks in the hospital, Mr. Bédard underwent his first heart transplant.

“For me, the Institute is synonymous with happiness. That of being on the path to recovery, that of being well treated and listened to.”

Sylvain Bédard
Suffering from a cardiomyopathy, he had to undergo two heart transplants.

MONTREAL HEART INSTITUTE FOUNDATION

2018-2019 ANNUAL REPORT

13
“Jean-Philippe Veillet
Cardiovascular diseases do not discriminate. No matter the age or the lifestyle, no one is immune. Not even an extreme sports enthusiast like Jean-Philippe Veillet. Even if Jean-Philippe was more likely to be involved in an accident related to his activities than being a victim of any other threat, it was his heart, however, that ended up causing him the most concern. Irregular heartbeats, discomfort and breathing difficulties raised a red flag and prompted him to consult the Institute’s professionals. Soon, Mr. Veillet had an appointment and a series of tests to pass. “I was extremely impressed by the staff’s efficiency and the fluidity of communications between all stakeholders,” says the patient. Aware that diagnoses and prognoses are often accompanied by fear and misunderstanding, the Institute’s specialists use a model of care that puts the individual at the centre of their concerns. “The staff’s warmth and the quality of the care provided overwhelmed me and reassured me,” continues Mr. Veillet.

After investigation, Dr. Tadros discovered that Jean-Philippe’s heart problem was minor. “With the right treatments, my symptoms disappeared in a very short time. Thanks to regular follow-ups, I now feel safe,” concludes the man who has regained a healthy and active life.

Jean-Philippe Veillet
Ten years ago, Jean Boisvert suffered a heart attack. However, thanks to a simple angioplasty, he was able to go back to his daily life and his loved ones. Following his surgery, Mr. Boisvert was referred to the EPIC Centre at the Montreal Heart Institute, the largest prevention and rehabilitation centre in Canada, which helped him to regain his former health. “20 years ago, my uncle had to have a bypass surgery, a much more invasive procedure than mine. Sadly, 20 years before that, it was my grandfather who died from cardiovascular disease. During my recovery and rehabilitation, I thought of them and realized the full extent of the advances made thanks to research,” explains Mr. Boisvert.

Grateful about the care he received at the Institute, Mr. Boisvert wanted to give back. “I told myself that I, in turn, had to contribute to the advancement of science, so that future generations could benefit from even more advanced care and treatment. For this reason, I would like for my gift to be entirely devoted to research,” concludes the generous donor.

Jean Boisvert
Louis-Philippe Clairoux
Louis-Philippe had two surgeries when he was very young: at 10 days for an interventricular communication (IVC), and at 7 years old for a coarctation of the aorta. Despite his condition and the surgery he underwent, he has always played a lot of sports, in addition to nurturing his passion for music. At age 20, on his way to work, he felt very uncomfortable and fell unconscious. He later wakes up in the hospital, where it is confirmed that he suffered a stroke, leaving him paralyzed on his right side. As a university student, he has to relearn everything, beginning with writing with his left hand, seeing with only one eye, and managing his recurring memory problems. Thanks to sport and music, to his very supportive family and to his friends, as well as to the Montreal Heart Institute’s medical team’s support, Louis-Philippe is grateful to be able to return to a normal rhythm today, although he must learn to tame his new life. His evolution is incredible.

Louis-Philippe supports the cause of the Montreal Heart Institute Foundation to raise awareness and encourage the community to give generously in order to make a difference in the lives of young patients.

Louis-Philippe Clairoux
France Martineau
France is a born sportswoman. As far back as she can remember, she has always enjoyed moving and playing many sports, even some at competitive levels. When she was 31 years old and in perfect physical shape, France started running. “I had in mind to participate in three races in one weekend at Walt Disney World.” In 2016, after a difficult race on a very hot day, she began to feel palpitations.

Time passes, palpitations come and go, but France does not give it any significance. “My heart was not beating at 100 beats per minute. So I consulted late,” she says. But the situation did not improve, and she eventually went to the hospital.

The diagnosis is made: France suffers from The Wolf Parkinson White Syndrome, a congenital disease that causes arrhythmia. The shock is terrible. Although doctors allowed her to resume her activities, France, worried, took the necessary steps to correct the situation.

In May 2017, after more than three hours on the operation table at the Montreal Heart Institute, France regained a perfectly healthy heart. “I have always felt confident about the Institute. How lucky I was to have access to such care!” says the woman, now in great shape. Six months later, she finally ran her first marathon at Walt Disney World, after running 5, 10 and 21 kilometres the previous three days. “I can never thank the Institute’s team enough, because thanks to them, I was able to achieve what I call my Dopey Challenge,” she concludes.

France Martineau

“”
The Montreal Heart Institute – Key Figures:

**2018-2019 ANNUAL REPORT MONTREAL HEART INSTITUTE FOUNDATION**

**2,061** employees, including:
- **1,531** nurses
- **86** permanent researchers

**153** licensed beds
- **6** beds in short care unit
- **66** beds in medical intensive care
- **29** beds in surgical intensive care

**71,742** visits to outpatient clinic
**8,961** short-stay hospitalization

**2,207** surgical interventions, including:
- **1,130** bypass surgeries
- **854** valve surgeries
- **13** transplants

**1,835** patients who received a stent implantation
**506** patients who received a pacemaker implantation
**1,118** patients who received bypass surgery
**26,927** imaging procedures, including:
- **17,242** cardiac ultrasounds
- **6,972** PET/Scan exams
- **2,713** magnetic resonance imaging examinations

**311** defibrillator implants
**801** ablations performed

**245** CMDP member physicians, including:
- **74** cardiologists
- **23** cardiac, thoracic and cardiovascular surgeons
- **12** anesthesiologists
- **16** pharmacists
- More than **700** students, interns, residents, and fellows in cardiology-related fields

Our patients come from:
- **51%** from the Island of Montreal
- **49%** from outside

Average age **63** years
Scholarships, Awards and Honours

- **Dr. Jason Andrade:** Dr. Robert E. Beamish Award for an article that has a significant impact in the field of cardiovascular medicine.
- **Denis Brouillette:** Received the Fellow of the Ordre des Pharmaciens du Québec.
- **Dr. Julia Cadirin-Tourigny:** SADS Foundation Award for Young Investigator of the Year.
- **Dr. Marie A. Chaix:** Research Support Award for Early Career Physician Scientist.
- **Dr. André Denault:** Earl Wynands’s Grant from the Canadian Anesthesiology Foundation for: “The clinical significance of portal hypertension after cardiac surgery: an international multicenter prospective observational study”.
- **Dr. Martin Juneau:** 2018 Hippocratic Prize recognizing the EPIC Centre’s 50 years of prevention and the work of its doctors, nurses, nutritionists and kinesiologists.
- **Dr. Paul Khairy:** John Keith Lecture Recognition Award, presented by the Canadian Paediatric Cardiovascular Association.
- **Eric Laliberté:** Recognition award presented by the Bethune Medical Development Association of Canada for his volunteer involvement in humanitarian missions.
- **Dr. Denis Roy:** Persillier-Lachapelle Award from the Ministry of Health and Social Services recognizing his entire career.
- **Dr. Jean-Sébastien Lebon:** 2018 Certificate of Merit awarded by the Canadian Association for Medical Education.
- **Dr. Jean-Sébastien Lebon and Dr. Antoine Rochon:** Promoted to Associate Clinical Professor in the Department of Anesthesiology at the Université de Montréal.
- **Dr. Stanley Nattei:** Distinguished Investigator Award for lifetime research career and Annual Recognition Award from the Canadian Rhythmological Society.
- **Dr. Jean-Lucien Rouleau:** Annual Recognition Award from the Canadian Heart Failure Society.
- **Dr. Rafik Tadros:** Recipient of a Fonds de recherche en Santé du Québec (FRSQ) Grant.
- **Tanya Mailhot:** Inf. Ph. D., and a team from the Nursing Research Laboratory and Digital Hospital won the first prize at the 2018 edition of the Cooperathon in the health category with their SEEK DELIRIUM project, a portable electroencephalogram to detect attention, which is an indicator of delirium.
- **Three cardiologists, Drs. Julia Cadirin-Tourigny, Nicolas Thibodeau-Jarry and Marie A. Chaix, as well as the internist, Dr. Émilie Lévesque, joined the Medicine Department at the Montreal Heart Institute.**
- **The Department of Anesthesiology** welcomes Drs. Nicolas Rousseau-Saine, Athanasie Courbe and Marco Julien.
- **The injection of Bupivacaine, provided by the Postoperative Analgesia Service, significantly reduced the pain index in 70% of patients within four days of an intervention.**
- **A DES in cardiac anesthesiology, under the direction of Dr. Antoine Rochon of the Montreal Heart Institute, has been recognized as a postdoctoral program by the Université de Montréal.**
- **The Sun Life Financial Diabetes Prevention Clinic has welcomed 86 patients since its opening in December 2018.**
- **The hemodynamics department completed the deployment of the hemodynamics room in Trois-Rivières. A great joint success between the two centres.**
- **The Non-Invasive Cardiology Department has performed more than 17,000 echocardiograms, a peak for the Institute in medical imaging.**
- **The Institute has become a reference centre for virtual autopsy performed by CT-Scan, an equipment acquired thanks to the Mel Hoppenheim Family Foundation’s gift to the Institute’s Foundation.**
- **The Department of Psychosomatic Medicine is now called the Department of Psychiatry.**
- **Dr. Patrick Lavoie has joined the Nursing Research Laboratory at the Institute’s Research Centre and has received a research grant from the FRQSC.**
- **Dr. Louis Bherer and Dr. Jean Rouleau’s teams received a grant from the Canadian Institutes of Health Research to compare the effects of physical and cognitive training on brain self-regulation in women and men with heart failure.**
- **More than 80% of the EPIC Centre’s Phase 2 expansion has been completed.**
- **Drs. Louis Bherer, Bruce Allen, Lucie Parent, Marie Lordkipanidze, Alain Deschamps and their teams, as well as Drs. Marie-Pierre Dubé, Jean-Claude Tardif, Éric Thorin and Frédéric Lesage, received grants through the CIHR grants competitions, the Government of Canada’s agency responsible for investing in health research.**

Highlights

- **The Institute celebrated the 50th anniversary of the first heart transplant that was performed within its walls by Dr. Pierre Grondin accompanied by Dr. Gilles Lepage, both pioneers in the history of the Montreal Heart Institute.**
- **The International DalGenE and COLCOT studies, coordinated by the MHICC, focus on the application of pharmacotherapy and precision medicine, based on genetic signatures, to target the best drug choice for each patient.**
- **New therapies for cardiovascular diseases, such as myocardial infarction, will be developed, by Drs. Guillaume Létvre and Jean-Claude Tardif’s laboratories, through the discovery HYL particle’s properties to eliminate bad cholesterol from blood vessels.**
Outreach

Training:
- 25 scientific videoconferences broadcasted in nearly 50 establishments across the Quebec province.
- 4 teaching symposiums in the field of arrhythmia for Quebec and Canadian cardiologists.
- Two-day symposium on the Ross procedure.
- 3rd edition of the ECMO symposium, in collaboration with the Canadian Cardiovascular Critical Care Society and the Canadian Society of Critical Perfusionists at the Michener Institute in Toronto.

Our Doctors Have Distinguished Themselves:
- Dr. Philippe Demers is appointed President of the CMDP and Vice-President of the Association des chirurgiens cardiovasculaires et thoraciques du Québec (ACCVTQ).
- Dr. Louis P. Perrault becomes President of the Association des chirurgiens cardiovasculaires et thoraciques du Québec (ACCVTQ).
- Dr. Yoan Lamarche received the award from the Institute’s President and CEO and was admitted as a member of the American Association for Thoracic Surgery (AATS).

Publications
This year, the Institute’s doctors and researchers have published several articles in prestigious scientific journals:
- Atherosclerosis
- BMC Medical Genetics
- Canadian Journal of Cardiology
- Canadian Journal of Physiology and Pharmacology
- Cardiovascular Diabetology
- Cardiovascular Research
- Circulation
- Circulation: Cardiovascular Quality and Outcomes
- Elsevier
- Expert Review of Cardiovascular Therapy
- Frontiers in Human Neuroscience
- Frontiers in Neurology
- Frontiers in Psychology
- Hypertension
- International Journal of Behavioral Medicine
- International Journal of Cardiology
- International Journal of Developmental Neuroscience
- Journal of the American Heart Association
- Journal of Thoracic Cardiovascular Surgery
- Molecules
- NeuroImage
- Psychotherapy and Psychosomatics
- Resuscitation
- Science Direct
- Scientific Reports
We Bring your Gift to Life

Research

Every seven minutes, a person suffers a heart attack. To reverse this trend and improve the quality of life of patients living with cardiovascular disease, research plays a key role.

The Montreal Heart Institute Research Centre, with a budget of more than $50 million per year, is one of the largest institutions to combine basic and clinical research under one roof. Its contribution to the progress of our cause is both remarkable and exceptional.

The organization, which operates in more than 35 countries around the world and on four continents, owes its reputation to its 536 employees and 88 researchers, working to ensure the annual publication of 300 scientific papers and the success of its 10 research chairs or endowed chairs.

No large-scale research project could be carried out at the Institute without the support of donors. In 2018-2019, the Research Centre was able to count on the generous financial support of two foundations: the Molson Foundation and the Morris and Rosalind Goodman Family Foundation.

A $2.5 million Gift from the Molson Foundation

The Molson Foundation’s mission is to support health, including research projects dedicated to cardiovascular health, the leading cause of death among women in Canada. By donating $2.5 million to the Montreal Heart Institute Foundation and the St. Boniface Hospital Foundation, the Molson Foundation is helping to advance major research projects on women’s cardiovascular health.

The Molson Foundation’s gift will allow the Montreal Heart Institute’s specialists to further research in the following areas: the relationship between sex hormones and cardiac arrhythmia; genomic interactions with gender in cardiovascular disease and their treatment; the link between fertility and cardiovascular disease in women; new genetic knowledge from biobanks; gender differences in the treatment of heart failure and gender differences in clinical studies.
A Major $4 million Gift from the Morris and Rosalind Goodman Family Foundation

Cardiovascular disease is one of the major public health issues in Canada and around the world. Thanks to the generous $4 million gift from the Morris and Rosalind Goodman Family Foundation, the Montreal Heart Institute will be able to fund research projects that will lead to new programs to prevent and reduce the prevalence of these diseases.

Among the projects funded by this generous gift are:

- **The CVDGen Program**: Through the study of genetics, this program will make it possible to prioritize new targets for new drugs to solve cardiovascular diseases;
- **Mini organs in the laboratory**: This project aims to reprogram and transform stem cells to create different types of human mini organs to study important heart, immune and digestive diseases in laboratory;
- **Mega-data**: This project will create integrated databases of clinical and pharmacogenomic research, making it possible to query mega-data, particularly through artificial intelligence, in order to advance clinical research and precision medicine practices;
- **The Evolve-HF Study**: This clinical study aims to determine the value of percutaneous treatment (without surgery) of moderate mitral valve regurgitation for patients with heart failure;
- **The SELFIE-HF Program**: This program proposes to involve the heart failure patient in his or her own treatment using continuous monitoring of pulmonary blood pressure through the use of a sensor and a smart mobile system. The aim is to adjust the treatment of patients with heart failure before hospitalization is necessary.

Thanks to this generous $4 million gift, the Montreal Heart Institute will be able to fund research projects that will lead to the development of new programs to prevent and reduce cardiovascular disease.
In medicine, the transmission of knowledge and know-how guarantees a future full of possibilities and progress. Education is therefore a powerful and essential tool for providing patients with exceptional care and state-of-the-art practices.

The Montreal Heart Institute, known as the largest cardiology teaching centre in Canada, recognizes the added value of rigorous training. The benefits resulting from the homogeneity of teaching and medical practices are reflected in the improvement of the medical team’s performance, both in terms of its quality and its efficiency. Each year, more than 700 health professionals, not to mention the 600 cardiologists, cardiac surgeons and other foreign medical specialists trained to date, refine their medical knowledge at the Montreal Heart Institute.

The Montreal Heart Institute’s future is in the hands of future generations. In order to provide the necessary support to future specialists, the Montreal Heart Institute has set up Fellowship Programs whose primary objective is to support efforts in cardiology, cardiac surgery and surgical intensive care.

The funds donated to the Institute are intended to create a simulation-based teaching program entirely dedicated to cardiology, a first in Canada.

A $1.5 million Gift from the RBC Royal Bank

In the fall of 2018, as part of the Medical Simulation Week, RBC Royal Bank announced a major gift of $1.5 million. The funds donated to the Institute are intended to create the only simulation-based educational program entirely dedicated to cardiology in Canada.

Offered primarily to professionals at the Montreal Heart Institute (residents, fellows, nurses, respiratory therapists, anesthesiologists, emergency physicians, etc.), this cutting-edge program will optimize cardiology education by creating microprograms for teaching.

The simulation curricula, which cover different aspects of the cardiac practice, will allow health specialists to conduct faster and better analysis in emergency situations, to provide safer procedures and to better prevent medical errors.

Thereafter, the program will be open to health professionals from Quebec, Canada and abroad, with the goal of saving lives, here and elsewhere, through the sharing of our expertise.
Prevention

The Montreal Heart Institute is the first hospital in the country to receive the Honourable Mention of Health Promoting Hospital by the World Health Organization (WHO).

The Montreal Heart Institute has a preventive medicine and fitness centre, the EPIC Centre, which is designated as the largest cardiovascular prevention centre in Canada.

As a hub in cardiovascular health, the EPIC Centre is dedicated to helping individuals with no cardiovascular history that wish to improve their overall fitness, as well as people who have experienced a cardiovascular incident in the past.

More than 5,000 members and 90 employees, including general practitioners, cardiologists, emergency physicians, visiting professors, nurses and nutritionists, work together to prevent the onset or recurrence of cardiovascular disease through the promotion of a healthy lifestyle.

A $450,000 Gift from Sun Life Financial

This year, World Diabetes Day was dedicated to prevention, with a generous gift of $450,000 to establish the Sun Life Financial Diabetes Prevention Clinic.

Cardiovascular disease is at the top of the list for major complications and causes of death in patients with type 2 diabetes. Yet, many studies show that a healthy lifestyle – i.e., a change in eating habits, increased physical activity, absence of tobacco use and moderation in alcohol consumption – contributes to the prevention of disease and could reduce premature mortality rates among people with diabetes.

Prevention, which is at the heart of the EPIC Centre’s mission, is therefore the key to a better overall health and a longer life expectancy.

With the first-ever Diabetes Prevention Clinic’s launch, the Montreal Heart Institute is reaffirming its intention to put prevention at the centre of its priorities.

A unique prevention clinic in Canada

1. From l. to r.: Eric Sinotte, Josée Noiseux, Dr. Martin Juneau, Robert Oumax, Jacques Goulet, Susan Kudzman and Yves Roy
Since its first edition in 2001, the Grand Bal des Vins-Cœurs – the Montreal Heart Institute Foundation’s flagship event – has raised more than $30 million.

An 18th edition that broke records

**AMOUNT RAISED**
$1,740,103

**QUESTS**
800

These funds raised by generous donors, who mainly come from the business community, have allowed the Foundation to pursue its mission: support the Montreal Heart Institute, affiliated with Université de Montréal.

The 18th edition of the Grand Bal des Vins-Cœurs was another immense success. During the evening, the 800 philanthropists gathered at the Windsor Station raised $1,740,103 for the Foundation.

For the occasion, the Foundation paid tribute to Mr. Jean-Pierre Léger, highlighting the impact he has had on his community by awarding him the Medal of Honour, a testament to his generosity and dedication to our cause.

We want to sincerely thank all our partners and donors who have allowed the Montreal Heart Institute to continue investing in numerous research projects, highly specialized treatments, teaching initiatives, technological innovations, prevention activities, and continuous training for professionals.

We also want to give a special thanks to our long-term partners, the Cirque du Soleil and the SAQ, along with our Platinum partners, the National Bank and Pomerleau.

1. Official cheque presentation
2. From l. to r.: Lino A. Saputo, Jr., Josée Noiseux and Jean-Pierre Léger
HeartBeat

Because cardiovascular diseases affect people of every age, and because more and more people are interested in contributing to social causes, a new generation of philanthropists is rallying around our mission.

Young people are increasingly aware of the risk factors and severe consequences of heart disease, explaining why so many of them are willing to get involved to make a difference. This is indeed the case for members of the Montreal Heart Institute Foundation’s Emerging Leaders Committee.

The Committee includes about 20 young professionals and entrepreneurs who spend time mobilizing for a cause that is dear to them. Through their actions, the Committee helps raise awareness about the Institute’s mission.

Their intent, their willingness to be vectors of change, and their desire to help patients dealing with cardiovascular diseases shine through in the HeartBeat fundraising event.

Since 2014, the HeartBeat event gathers young professionals from every background for one evening to network, to take part in a silent auction and to, ultimately, support the Montreal Heart Institute Foundation’s philanthropic effort.

Over the years, guests have been able to forge strong ties and contribute to building a healthier world.

A committed new generation

AMOUNT RAISED
$106,420

GUESTS
400

Like previous editions, the 5th annual HeartBeat event ended on a high note. Thanks to the generosity of 400 guests, the Emerging Leaders Committee was able to donate $106,420 to the Montreal Heart Institute Foundation.

We wish to extend our most sincere gratitude to the Emerging Leaders Committee. Thanks to their involvement, the Montreal Heart Institute Foundation has been able to make a huge difference in the lives of tens of thousands of patients.
Since 2002, the Soirée des Cœurs Universels has raised more than $2 million for the Montreal Heart Institute Foundation.

Funds raised during this event contribute not only to the progress of the Institute’s projects, but they also help our medical teams gain access to the resources they need to pursue their primary objective: reducing the prevalence of cardiovascular diseases.

The 17th edition of this unforgettable event, which was held on November 16 at the Club de Golf Métropolitain, raised $136,877 for the Foundation. This amount will be used specifically to help patients affected by advanced heart failure.

For more than 30 years, the Kanawaki Golf Tournament has made a difference in the lives of the 68,000 patients treated at the Montreal Heart Institute every year. It is organized by John A. Rae and raises funds for the Foundation.

The event brings together 124 golfers who want to support the fight against cardiovascular diseases, the world’s leading cause of death.

In three decades, nearly $3 million has been raised, directly contributing to finance the Institute’s most promising projects.

Since 2002, the Soirée des Cœurs Universels has raised more than $2 million for the Montreal Heart Institute Foundation.

Funds raised during this event contribute not only to the progress of the Institute’s projects, but they also help our medical teams gain access to the resources they need to pursue their primary objective: reducing the prevalence of cardiovascular diseases.

The 17th edition of this unforgettable event, which was held on November 16 at the Club de Golf Métropolitain, raised $136,877 for the Foundation. This amount will be used specifically to help patients affected by advanced heart failure.

For more than 30 years, the Kanawaki Golf Tournament has made a difference in the lives of the 68,000 patients treated at the Montreal Heart Institute every year. It is organized by John A. Rae and raises funds for the Foundation.

The event brings together 124 golfers who want to support the fight against cardiovascular diseases, the world’s leading cause of death.

In three decades, nearly $3 million has been raised, directly contributing to finance the Institute’s most promising projects.

YOUR GENEROSITY KNOWS NO BOUNDS

The Montreal Heart Institute is a world leader when it comes to preventing and treating cardiovascular diseases. Every year, more than 68,000 patients are treated at the Institute.

This achievement has been made possible in part thanks to various campaigns and fundraising events, such as Run for the Heart, and the immense generosity of our donors.

Since 2015, the Montreal Heart Institute has invited runners and walkers to take part in the race of their choice. To thank them for raising funds, the Foundation reimburses their race registration fees.

Because the amount raised is invested in cutting-edge technologies, such as those that result in less invasive surgeries, every kilometre completed by participants counts and has the potential to change lives.

The Montreal Heart Institute’s employees are committed to supporting the cause. By taking part in the Loto Cardio, reserved exclusively for staff and friends of the Institute and Foundation, they help the Foundation pursue its mission.

Participants have the chance to win one of 26 cash prizes, travel credits, or a gift package.

Thank you to the Montreal Heart Institute’s employees for supporting us!
The Foundation's partnerships

The Foundation is thrilled by how much the community and its collaborators believe in the cause of cardiovascular health. In fact, it has been fortunate to count on long-term partnerships that allow it to pursue its mission. Thanks to these partners, the Foundation can finance the Institute’s most promising projects.

An exceptional partnership that has helped hearts remain healthy.

36 years of dedication!

A rewarding partnership

In 2019, IGA and the Montreal Heart Institute Foundation celebrated 36 years of collaboration! An exceptional partnership that has helped hearts remain healthy.

Over the years, thanks to the $2 does the heart Good campaign, IGA has donated more than $9 million to the Foundation. Because an ounce of prevention is worth a pound of cure when it comes to cardiovascular health, the funds raised are used to finance awareness and prevention campaigns about heart disease, such as the Observatoire de la prevention website.

The Campaign’s 2019 edition, which was held from February 7 to 20 in more than 300 IGA stores in Quebec and New Brunswick, raised an impressive $228,946, including additional gifts.

AMOUNT RAISED
$228,946

NUMBER OF $2 DONATIONS
114,473

From l. to r.: Sylvain Label, Elsa Desjardins, Pierre Desmanches, Josée Noiseux and Luc L’Archevêque.
successful initiatives

the color run

the primary goal of the color run is not to beat the clock. it is a friendly race full of good vibes and lots of fun. thanks to its generous annual donation, the event helps to keep thousands of hearts beating.

bôsapin

since 2017, the bôsapin elves have been delivering christmas trees to homes. the foundation receives a gift equivalent to 25% of the price of every tree sold. in exchange, clients who use our promo code receive a 10% discount on their purchase. it is a beautiful example of how working together can lead to the best gift of all: a healthy heart.

les courses virtuelles

every participant registered in the charity challenge associated with the montreal heart institute foundation will receive a race bib and a medal. the foundation receives a gift for every person who registers for the challenge. because les courses virtuelles make a real difference, thank you!

other projects:

- lithograph auction – legor
- funding innovation
- web signature pro auction

amount raised

$178,041

thanks to the unwavering support of its partners, the montreal heart institute foundation is able to pursue its mission: to support the montreal heart institute and help it maintain its reputation of excellence.

the montreal auto show is one of the auto industry’s flagship event in canada and a valued ally of the montreal heart institute foundation. every year, the event officially kicks off with the auto charity gala.

this year marked the 76th anniversary of the host event. for one night only, the charity gala gathered numerous guests from different backgrounds who all share one goal: to contribute to the health of quebecers.

a substantial amount raised

thanks to the charity preview’s 15th edition, the fondation de la corporation des concessionnaires d’automobiles de montréal was able to raise $1,024,289. this amount was divided between six hospital foundations in the greater montreal, with the montreal heart institute foundation receiving $178,041.

since our first participation, the foundation has received more than $760,000 from the auto show charity gala.

we want to thank the 5,000 partners and donors who were present at the event. thanks to their incredible generosity, the montreal heart institute will be able to continue pushing the boundaries of science.

thank you from the bottom of our hearts.

we want to thank the
5,000 partners and donors
who were present at the
event. thanks to their
incredible generosity, the
montreal heart institute
will be able to continue
pushing the boundaries
of science.

your generosity knows no bounds.

the montreal international auto show charity gala

thank you
Third-party financing projects

Philanthropy is first and foremost about giving back. The Foundation is honoured to be able to count on loyal and dedicated partners. They work tirelessly to organize activities and fundraising events that support our cause.

Polo avec cœur
Classique Groupe Monaco
Omnium Roland Beaulieu
BN Golf Tournament
Clément-Phaneuf Golf Tournament
Omnium Guy Blondeau
Défi des Cœurs Clinique dentaire Descôteaux
Bronsard Barclay
Zumbathon – Habiter l’instant
Spikeball Tournament – Alexis Fortin
Soirée à cœur ouvert – Julien Mercier

Marie-Ève Boisvert, heart transplant recipient, organized the “Zumbathon – habiter l’instant” dedicated to the Institute’s transplant clinic.

Chantale Boucher has set up the “Défi des Cœurs” to benefit the Institute’s Foundation. A patient of the Institute, she underwent a Ross procedure at the age of 31.

The Monaco Group Foundation has been involved with the Montreal Heart Institute Foundation for 12 years, organizing “La Classique Groupe Monaco” every year.
The Montreal Heart Institute has saved my life twice and I am very grateful. I am now followed by dedicated professionals who clearly care about patients’ well-being. What I appreciate most about this institution is that people talk to each other and help each other. The place is very friendly, to such an extent that you forget that you are sick.

I have chosen to make a bequest in my will to the Montreal Heart Institute Foundation, in order to ensure that the people of heart who work at the Montreal Heart Institute and whose mission it is to provide exceptional patient care, can continue their projects.

— Jean-Pierre Quintin, patient and donor
Supporting Excellence

Nursing Scholarships Awarded with the Support of TD Bank Group and Jean-Pierre Themens

Nurses are the soul and heart of the Montreal Heart Institute. Thanks to the generous support of TD Bank Group and Mr. Jean-Pierre Themens, we were able to recognize the excellence of their work. During the 11th edition of the Nursing Awards, held as part of the Nursing Week, more than $38,770 in scholarships were awarded to undergraduate, graduate and postgraduate students to support the continuing education and mentoring of graduate students in nursing.

Rewarding the Next Generation

Dr. Catherine Martel Receives the Martial G. Bourassa Award

Each year, the Montreal Heart Institute Foundation has the privilege of awarding the Martial G. Bourassa Award. Created by Dr. Bourassa, an eminent researcher and cardiologist emeritus, this prize is awarded to young doctors working in the fields of clinical or fundamental research, who have distinguished themselves by the excellence of their work, as well as by their sustained participation in scientific life.

This year, the award was presented to Dr. Catherine Martel, Assistant Professor in the Department of Medicine at the Université de Montréal and Researcher at the Montreal Heart Institute. Congratulations to the winner!

Four Fellows Receive a Scholarship from the Bal du Cœur

The future of medicine rests in the hands of the next generation. To ensure for future generations that the Montreal Heart Institute will remain at the forefront of medicine, we support tomorrow’s specialists in their postdoctoral efforts and promote the development of their knowledge, by awarding the annual Bal du Cœur Scholarships. Once again this year, it is thanks to Mr. Tony Meti’s generosity that four scholarships were awarded to the following recipients:

Dr. Julia Cadrin-Tourigny
Dr. Émilie Lévesque
Dr. David Puissant
Dr. François Simard
Celebrating Excellence

Rewarding Research Excellence

21st Research Day of the Montreal Heart Institute Research Centre

For the past 21 years, the Montreal Heart Institute has annually recognized excellence in medical research on Research Day.

Students, postdoctoral fellows, residents and research instructors are invited to present their work to all Institute staff members in the form of a competition.

At the end of this day, which encourages discussion and contributes to the progress of all participants, the Institute awards prizes to the best presentations.

J. Louis Lévesque Awards from the Montreal Heart Institute Foundation

The J. Louis Lévesque Prize, created in 1989, is awarded to the individuals who have made the best oral presentations in clinical and fundamental research, and aims to encourage them to continue their work.

Congratulations to the winners!

1st prize, clinical research
Hugo Gravel

1st prize, fundamental research
Jean-Baptiste Guichard
Olivia de Montgolfier

Jacques Landreville Awards from the Montreal Heart Institute Foundation

This award recognizes the best oral presentations at the Montreal Heart Institute’s student seminars. The scholarships are also intended to encourage the continuation of research at the Master’s level.

Two awards were presented this year. Congratulations to the winners!

Valérie-Anne Codina-Fauteux
Marianne Berlatie

1 and 2. Dr. Stanley Nattel and the recipients prizes awarded on the occasion of the Research Day
3. From l. to r.: Hugo Gravel, Olivia de Montgolfier and Jean-Baptiste Guichard

Congratulations to all the winners.
This year, thanks to the generosity of 27,514 donors who made 53,728 gifts, the Foundation was able to raise $17,554,439. There is no way we can truly express our gratitude.

Behind every dollar raised is a person who gives from their heart. Every fundraising event, campaign, or spontaneous gift could carry a name: that of a heart to be healed, of a person to be treated. It is these thousands of donors who have made it possible for the Montreal Heart Institute to become one of the best cardiology centres in the world, able to support different education programs.

From the bottom of our hearts, we thank you 27,514 times.

P.S. The Honour Roll list of donors can be viewed on our website at GIVEfortheHEART.org.
Thank you to our donors

The Foundation would like to recognize the philanthropic spirit of its donors, people with heart who have chosen to make a difference by donating $5,000 or more or who have committed to doing so between April 1st, 2018 and March 31st, 2019.

$5 million and more

INDIVIDUALS AND FOUNDATIONS
André Desmarais et France Chrétien Desmarais

COMPANIES
Saputo inc.

$1 to $5 million

INDIVIDUALS AND FOUNDATIONS
Fondation J. Armand Bombardier

COMPANIES
CGI
Fondation des maladies du cœur et de l’ÎVSC
Fondation Jeunesse-Vie
Mouvement des caisses Desjardins
Power Corporation du Canada
RBC Banque Royale

$500,000 to $999,999

INDIVIDUALS AND FOUNDATIONS
Cardiologues Associés de l’ICM
Maurice Pinsonnault

COMPANIES
Bank of Nova Scotia
Canada Vie
CN
Fondation ÉPIC

$100,000 to $499,999

INDIVIDUALS AND FOUNDATIONS
Fondation Familiale Rossy
Jane Silverstone Segal et Herschel Segal

COMPANIES
Cogeco
Financière Sun Life
Hydro-Québec
ISA

$25,000 to $99,999

INDIVIDUALS AND FOUNDATIONS
Département de radiologie et de médecine nucléaire de l’ICM
Dieter Erich Beer
Fondation Bergeron-Jetté
Louis Bourassa
Manon Brouillette
Fondation Norman Fortier
Gaidtian Frigon et Hélène Héroux
Diane Dunlop et Norman E. Hébert
Monique Lachapelle
Les Anesthésistes Associés de l’ICM
Les Intensivistes de l’ICM

COMPANIES
Fasken s.r.l.
Immeubles Rimanées
Investors Group Financial Services
Novartis Pharma Canada
Pomerleau
SoundBite Medical Solutions
TELEU Communication
TFI International

$10,000 to $24,999

INDIVIDUALS AND FOUNDATIONS
Pierre André
Jeanine Beauséjour
Jean Boisvert
JR André Bombardier et Violette Dagenais
Raymond B. Bonar
Roger Casgrain et Colette Charest
Jacques D’Amours
Fondation Charitable O.E. Dorais
Fondation Famille Morris et Bella Faiman
Fondation Huguette et Jean-Louis Fontaine
Fondation Lise et Richard Fortin
Fondation Paul A. Fournier
Robert Frances
René Lambert
Fabienne Larouche
Fondation de la Famille Morris et Sophie Desmarais
Dr Denis Roy
Jean-Philippe Towner
Mithossein Valary
Fondation Familiale Zeller

COMPANIES
Aéroports de Montréal
Affid Service Immobilier Ltdé
Asiel Infrastructure
Bancque CIBC
Bancque de Développement du Canada
Bancque HSBC
Bomberdier
CAE
Cascades
Corporation Fiera Capital
Ernst & Young
Fayolle Canada
FCOMFondation Cardio-Montérégienne
Gestion André Waechter

$5,000 to $9,999

INDIVIDUALS AND FOUNDATIONS
Fondation Jacques et Michel Auger
Fondation Famille Bertrand
Dr Raymond Cartier
Paul Casullo
Gilles Crépeau
Josée Darche
Paul Duncher
Yves Fortier
Fondation Sibylla Hesse
Rafi Jairajpour
Max Konga
Marie-Lyse Bergeron et Eric Lamarre
Normand Lebeau
Gilda et Benton Lewis
Pierre Ouimet
Sunny Panay
John A. Yellowknife
Ravi Jaipuria
Fondation Sibylla Hesse
Christine Gélinas et Antoine Elie
Jane Silverstone Segal et Herschel Segal

COMPANIES
Amaro
Banque Laurentienne du Canada
BICOM Communications
Capital GVR
Christie Innomed
Dorallora
Excelor Co-Opérateur
Fondation Céline Dion
Fondation de Bienfaisance T.A.
Gestion André Waechter

SUCCESSIONS
Micheline de Belder
Jean-Jacques Demers
Jean-Paul Guérin
Lorna Haworth-Henry
Richard I. Kaufman
Jacqueline Lajeunesse
Robert Langevin

We would also like to thank all donors who wish to remain anonymous. Thank you for your generosity!
Thank you to our volunteers

As a Foundation, we appreciate people who donate their time as much as those who donate money. Our volunteers, dedicated individuals who have shared their time with us, are invaluable. Indeed, without them, the Montreal Heart Institute Foundation’s activities would not be possible.

Thanks to its 198 volunteers and the outstanding work of our Board of Director’s members, committees (listed on pages 58 and 59), and partners, the Foundation can pursue its mission and raise awareness about the work being done at the Montreal Heart Institute, while contributing to improving the cardiovascular health of the 68,000 patients treated at the Institute every year.

Hajar Al-Azoukou
Ali Al-Abboud
Louis-Jean Alexandre
Marie Alexandre-Exantus
Naïva Alfred
Philippe Angers
Koffi Mawumun Donaldu – Prosper Anthony
Suzanne Archambault
Christelle Arouko
Yousséf Ashkar
Gilles Babin
Carmen Bau
Christian Bavota
Sylvere Bazouanguï
Odette Bélanger
Martine Beffeleur
Hadjar Benaida
Andréanne Bergeron
Kim Bergeron
Marie-Claude Bergeron
Leila Berrambane
Colette Bertrand
Aït Abbas Bertrand
Olivia Beteta
Patrick Bibeau
Rosaire Blanchette
Laure-Anne Bonal
Krish Bouluck
Nathaly Bouchard
Louise Boudreau
Marianne Bousquet-Racine
Philippe Boutin-Lizotte
Geneviève Brassard
Marylou Brouillard
Marc G. Bruneau
Marc Y. Bruneau
Janie Brunelle
Rosa Cabezas
Julia Cadrin-Tourigny
André Cano
Fauchon Carole
Marie-Claude Chagnon
Monique Chamblande Fontaine
Elisée Champoux
Chantal Charbonneau
Jia Xin Chen
Louis-Philippe Clairoux
Elizabeth Clermont
Sandrine Corbeil
Jasmine Cruz Frappier
Carine Daoust
Katia Dekkers
Tyler Delisi
Kim Demers
France Denis
Marcelle Denis

Diane Desfossés
Hélène Désilets
Isabelle Desnoyers
Marc-André Dion
Éve Dubuc
Carole Dulude
Cécilia Durand
Paul Dufocher
Marie-Hélène Durrivage
Julie Duval Courchesne
Caitlin Elliott
Adriana Embricos
Muzet Fabien
Carol-An Fortin
Patrick Fouquet
Catherine Fournier
Félix Fournier
Jack Ge
Taina Gentilhomme
Aimée Gomez
Samantha Goudreau
Clémentine Goupil
Gabriel Groulx
Justine Hamelin
Luc Harvey
Mimi Hébert
Nhu Y Ho
Valerie Hong
Sophie Huot
Crystal Javiche
Jean-Philippe Joyal
Yoone Jung
Jasmine Karam
Danielle Kathy David
Zeineb Khali
Mira Kobeissi
Miryam Kobeissi
Jasmin Labrie
Chantal Lacoste
Émilie Laflamme
Annie Lafleur
Nadia Laufrance
Lorraine Lake
Alexie Lalonde-Legault
Aziza Lamdadalm
Michèle Languedoc
Paul Larouche
Jennifer Le Ha
Micheline Leblanc
Valentina Leon
Cathy Lévesque
Jessica Liu
Vicky Lei Liu
Franco Lombardi
Michèle Loranger
Huihao Lu

Asma Magaiez
Marie-Hélène D. Maher
Lisa Major
Yvette Malumbres
Murielle Maridelino
Gabrielle Marois
Phimolène Mbedy Mapamba
Ankitha Merugu
Réjean Messier
Salvatore Migliara
Marie-Laurence Migneault
Micheline Miller
Owen Moody
Caroline Morisset
Patience Mukanya
Alyne Ngo
Albert Nguyen
Annie Nguyen
Sarah Nicholl
Clarissa Nolasco
Virginie Oligny Blanchette
Monica Oliveira
Herlene Ooi
Jairo Ortega
Tatiana Ortiz
Sabrina Ouellit-Bourdon
Suzanne Paquette
Serge Paré
Amélie Paul
Suzanne Pierre
Sheryne Pierre-Louis
Judith Pitré-Mellieur
Amélie Plante
Zo Qiao
Jiayu Qin
Sina Queyras
John A. Rae
Tahmidur Rahman
Olivier Rénauld
Chloé Resolu
Pierre Rivaud
Daphné Robitaille
Nigel Rodrigues
Carolina Rodriguez
Fanny Rosario
Bruno Roy
Sasha Rumbolt
Helene Sabetay
Jean Salé
Ginette Saint-Hilaire
Nicole St-Jean
Asmaa Stora
Tanzeen Syed-Ahmed
Maria Tampas
Suzanne Tang
Carole Tavernier
Véronique Teasdale
Ruth Tehwah
Sylvain Théberge
Jonathan Thériault
Majorie Thermidor
Andreea Toma
Billy Tong
Ibriissam Toufik
Thérèse Toussignant
Mireya Tovar
Vina Tran
Fidemar Tubadeza
Guillaume Twigg
Paula Vázquez
Magalie Vezina
Carole Vlani
Marie-Thérèse Vincent
Sonia Vincent
Dominique Vincent
Sonia Wahid
Alice Wembo
Laurel Xiang
Hiba Zahreddine
Nicole Zhang
Xin Zheng
Alison Zhu

YOUR GIFTS MAKE A DIFFERENCE

2018–2019 ANNUAL REPORT
Thank you to our partners

At the Montreal Heart Institute, the future starts now. Every day that goes by allows us to change the world thanks to the support of our numerous partners and sponsors that have teamed up with the Foundation.

Every gift, every shared dream helps us go further. Thank you to our partners for their generosity and trust!

1909 Taverne moderne
Académie canadienne du cinéma et de la télévision
Adviso
Air France
Affid Services Immobiliers Litté
Alkalime
Allison Cordiner Photography
Alpa Code
Amaro
Annie Harvey Riverin
Antoine au quotidien
Auberge des Gallant et Neuro Spa
Auberge Godfroy
AZ Pantograv
Banque Nationale
Banque Scotia
Bell Canada
Bicom
BIO-K Plus International Inc.
Birks Group Inc.
BMG Groupe financier
BÔSapin
C2 Montréal
Casino de Montréal
Centre des Sciences Montréal
Chocolats Favoris
Cirque du Soleil
Cirque du Soleil Canada inc.
Club de golf Métropolitain
Communication graphique Denis Compagnie Autobus Idéal
Cook 11
Corporation des concessionnaires d’automobiles de Montréal
Corporation Financière Power
Corporation immobilière Kevric
Cosette
Course Saint-Laurent – circuit Endurance

Creativ Nation
Croisières AML
Cuisine Futée, parents pressés
Cycle Technique
David’s Tea
Demi-Marathon de Mont-Tremblant
Denny Lopez
DNM – Développement Montaville inc.
EDP – entrepreneurs généraux
Engel & Völkers
Entreprise D. Payette
Eric Carrière
eSimpleIT
Evensio
Faith and Love
Favuzzi
Fédéral Limousine
Fédération québécoise d’athlétisme
Fleuriste San Remo
Flyin
Fondation TOMA pour Enfants Brûlés
Funding Innovation
Gosselin photo
Groupe Monaco Automotive Inc
Groupe Park Avenue
Hamelin & Vrck Avocats
Hoogan et Beaufort
Hôtel Espresso
Hôtel le Concorde
Hôtel le Germain Québec
Hôtel Le Versailles
Hôtel Manor Victoria
Hôtel Place d’Armes
Human
Iceberg Finance
Idolem
Igor
IGA
Ikanos
Impact de Montréal
Itaca
J.P. Morgan Chase & Co.
Jotoba
Julian Haber
Karine Bibeau
Keurig
Kipi spa nordique et hébergement
Kopel inc
La maison iSH
Lambert Design
Lavery
Le Groupe Aldo
Le Muscadin
Le Saint-Urbain
Les Chirurgiens Cardiaques Associés
Les Courses Gourmandes – Just Run
Les Courses Thématiques
Les Courses Virtuelles

Les Éditions La Presse
L’Hôtel Le Bristol Paris
Lion d’Or/Au Petit Extra
Littorio Del Signore
LOOP
L’Oréal Canada
Louve 1 Robe/Louve 1 Tux
Louve’s
Lunetterie NEWLOOK
Magma Design
Maillard
Marathon de Montréal
Marshall Copywriting
Marthe Desautels, Artiste peintre
Masi Agricola
Mayakunn, artiste-peintre
MissFresh Inc.
Mouvement des caisses Desjardins
Nespresso Canada
Olympic audio-visuel
Orchestre Symphonique de Montréal
Photo Antoine Saito
Pilaros
Poisson Rose Design
Pomerleau
Power Corporation du Canada
Pub Burgundy Lion
Publicis
Publictech
Restaurant de l’ITHQ
RN & N Reef Steakhouse
Ripplecove Hôtel & Spa
Romeo J.
Salvatore Migliara
Saputo Inc.
Services financiers Groupe Investors Inc.
SHO-Don
Signature Pro
Simon Gosselin
Sisca Solutions d’affaires
Société des alcools du Québec
Soltotech
Spa William Gray
Sport Rousseau
Sportive en cavale
Tabasko
TELUS
TFI International Inc.
The Bugatti Group
The Color Run
Twigg musique
UNIGLOBE Voyages Lexus
Via Rail
Vinum Design
Vivien Gaumard
WANT Les Essentiels
XO Le Restaurant

YOUR GIFTS MAKE A DIFFERENCE
2018-2019
Board of Directors

Officers
Lino A. Saputo, Jr., Président
Susan Kudzman, Vice-présidente
André Courville, Trésorier
Michel Boislard, Secrétaire
Josée Noisieux, PDG

Executive Committee*
Stéphane Achard
Michel Bernier
Pierre J. Blouin
France Chrétien Desmarais
Sylvie Fontaine
Nathalie Francisci
Mathieu L’Allier
Mélanie La Couture
Éric Lamarre
Éve Laurier
Pierre-Elliot Levasseur
Tom Little
Tony Meti
Bruno Roy
Louis A Tanguay
François Veillet

*Including officers

Members of the Board of Directors
Stéphane Achard, Banque Nationale du Canada
Johanne Ardouin, Banque Royale du Canada
Chris Arseneault, Novia Capital
André Bérard, Administrateur de sociétés
Marie-Christine Bergeron, Administratrice de sociétés
Christiane Bergevin, Bergevin Capital
Michel Bernier, Pivot Transformation Stratégique
Pierre J. Blouin, Administrateur de sociétés
Michel Boislard, Fasken Jean-François Bouchard, Sid Lee
Michèle Boutet, CBRE Ltée
Marc Y. Bruneau, Administrateur de sociétés
Geneviève Burdon, Osler, Hoskin & Harcourt LLP
Marvin Carsley, Carsley Family Foundation
Roger Casgrain, Casgrain & Compagnie Limitée
France Chrétien Desmarais, Administratrice de sociétés
André Courville, Administrateur de sociétés
Mélanie La Couture, Institut de Cardiologie de Montréal
Jean-Claude Tardif, Institut de Cardiologie de Montréal
Josée Noisieux, Fondation de l’Institut de Cardiologie de Montréal
Isabelle Oliva, Administratrice de sociétés
François Olivier, TC Transcontinental
Sunil Panray, Administrateur de sociétés
Claude Paquin, Groupe Investors inc.
Marc Poulin, Administrateur de sociétés
John A. Rae, Power Corporation du Canada
Jean Raymond, Marchés Mondiaux CIBC Inc.
Bruno Roy, Groupe WSP Global Inc.
Martin Roy, Christie InnMed Inc.
Yves Roy, Administrateur de sociétés
Lino A. Saputo, Jr., Saputo inc.
Rami Sayar, Microsoft Corporation
Louis A Tanguay, Administrateur de sociétés
Jean-Claude Tardif, Institut de Cardiologie de Montréal
Pascal Thomas, Administrateur de sociétés
Jean-Philippe Towner, Pomerleau François Veillet, Corporation Fiera Capital
An-Lap Vo-Dignard, Groupe Vo-Dignard Provost – Financière Banque Nationale

Members of the Emerging Leaders Committee
Andréanne Bergeron
Kim Bergeron
Marie-Claude Bergeron
Marianne Bousquet-Racine
Philippe Brunelle
Julia Cadrin-Tourigny
Éve Dubuc
Adriana Embiricos
Patrick Fouquette
Catherine Fournier
Justine Hamelin
Jean-Philippe Joyal
Jasmin Labrie
Marie-Laurence Migneault
Olivier Rénald
Sasha Rumbolt
Jonathan Thériault
Guillaume Twigg

*Including officers
Financial Statements

Statement of financial position as at March 31, 2019
(In thousands of dollars)

<table>
<thead>
<tr>
<th>Assets</th>
<th>2019</th>
<th>2018</th>
</tr>
</thead>
<tbody>
<tr>
<td>Investments</td>
<td>$125,434</td>
<td>$129,229</td>
</tr>
<tr>
<td>Cash</td>
<td>$3,507</td>
<td>$717</td>
</tr>
<tr>
<td>Accounts receivable</td>
<td>$852</td>
<td>$1,074</td>
</tr>
<tr>
<td>Inventories</td>
<td>$17</td>
<td>$9</td>
</tr>
<tr>
<td>Other assets</td>
<td>$369</td>
<td>$373</td>
</tr>
<tr>
<td>Total assets</td>
<td>$130,179</td>
<td>$131,402</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Liabilities</th>
<th>2019</th>
<th>2018</th>
</tr>
</thead>
<tbody>
<tr>
<td>Accounts payable and accrued liabilities</td>
<td>$4,106</td>
<td>$3,951</td>
</tr>
<tr>
<td>Total liabilities</td>
<td>$4,106</td>
<td>$3,951</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Fund balances</th>
<th>2019</th>
<th>2018</th>
</tr>
</thead>
<tbody>
<tr>
<td>Restricted</td>
<td>$113,930</td>
<td>$119,638</td>
</tr>
<tr>
<td>Unrestricted</td>
<td>$12,143</td>
<td>$7,813</td>
</tr>
<tr>
<td>Total fund balances</td>
<td>$126,073</td>
<td>$127,451</td>
</tr>
</tbody>
</table>

| Total assets                 | $130,179   | $131,402   |

Statement of operations and changes in fund balances
Year ended March 31, 2019 (In thousands of dollars)

<table>
<thead>
<tr>
<th>2019</th>
<th>2018</th>
</tr>
</thead>
<tbody>
<tr>
<td>Donations</td>
<td>$13,524</td>
</tr>
<tr>
<td>Fundraising activities</td>
<td>$2,282</td>
</tr>
<tr>
<td>Bequests</td>
<td>$1,747</td>
</tr>
<tr>
<td>Total of donations and fundraising activities</td>
<td>$17,553</td>
</tr>
<tr>
<td>Investment revenues</td>
<td>$10,784</td>
</tr>
<tr>
<td>Change in the unrealized fair value of investments</td>
<td>($5,822)</td>
</tr>
<tr>
<td>Total investment revenues</td>
<td>$4,962</td>
</tr>
<tr>
<td>Gross operating revenues</td>
<td>$22,515</td>
</tr>
<tr>
<td>Direct and indirect costs of fundraising activities</td>
<td>$1,340</td>
</tr>
<tr>
<td>Net operating revenues</td>
<td>$21,175</td>
</tr>
<tr>
<td>Administration costs</td>
<td>$2,262</td>
</tr>
<tr>
<td>Excess of revenues over expenses before contributions</td>
<td>$18,913</td>
</tr>
<tr>
<td>Contributions – research, technological development, and other</td>
<td>$20,291</td>
</tr>
<tr>
<td>Deficiency of revenues over expenses</td>
<td>($1,378)</td>
</tr>
<tr>
<td>Fund balances at beginning of year</td>
<td>$127,451</td>
</tr>
<tr>
<td>Fund balances at end of year</td>
<td>$126,073</td>
</tr>
</tbody>
</table>

Contributions
The Foundation is committed to pay the Montreal Heart Institute amounts totaling $35,955,220. These amounts include a commitment of $16,218,253 for Phase II of the Montreal Heart Institute’s Investing in Excellence construction project, and a commitment of $4,000,000, conditional on the Montreal Heart Institute meeting certain conditions for strategic initiatives to the research center.

Note: Copies of the Montreal Heart Institute Foundation’s financial statements are available on our Website or at the following address:
The Montreal Heart Institute Foundation
5000 Bélanier Street, Montreal (Quebec) H1T 1C8
GIVEFortheHEART.org
Published by the Department of Communications and Marketing of the Montreal Heart Institute Foundation.

Thank you to everyone who contributed to the publication of this annual report.

Graphic designer: Karine Bibeau
Photos: Éric Carrière, Vivien Gaumand, Julian Haber, Michel Julien, Antoine Salo

Legal Deposit
3rd quarter, 2019
Bibliothèque et Archives nationales du Québec
Library and Archives Canada
Reproduction authorized with reference to source.

It is with the impetus of each and every one of us that we achieve great things.

Thank you for supporting us in our mission and for helping the Montreal Heart Institute’s 68,000 patients.

THE MONTREAL HEART INSTITUTE IN 2021