Every year, your donations help keep thousands of hearts beating.
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The 2017-2018 fiscal year marked the end of the Heart Beat for the Future campaign. Launched in 2006 with a focus on progress and innovation, the campaign raised over $70 million, $10 million more than our goal. Thanks to the campaign’s generous donors, significant investments were made in the research, care, education, and prevention of cardiovascular disease. The Investing in Excellence major project led to:

- the creation of new research chairs
- the construction of a new operating room
- the purchase of state-of-the-art medical equipment
- the construction of Université de Montréal’s Beaulieu–Saucier Pharmacogenomics Centre at the Montreal Heart Institute
- the creation of the Montreal Heart Institute’s André and France Desmarais Hospital Cohort and the expansion of the Desmarais Family Research Centre
- the creation of new training programs
- the pursuit of work currently underway for the construction of a new outpatient centre, as well as the expansion and reconfiguration of the emergency room

On behalf of those who will benefit from these investments, I want to sincerely thank everyone who donated to the campaign. Your actions have made a significant mark on the Montreal Heart Institute’s history. You have contributed to the pursuit of excellence in cardiovascular medicine and have allowed the Institute to provide high-quality care to patients.

Through constant work and determination, the Foundation has also helped the Institute implement its 2014-2019 Strategic Plan by launching another major campaign: Prevent, Predict and Treat Cardiovascular Disease. The campaign, which has already raised more than $134 million, including $79 million through the Foundation, began in 2014. Its final goal is to raise $156 million. The campaign includes four strategic directions: imaging, genetics, prevention, and the personalization of care. With these four guidelines in mind, we have identified priority projects for the campaign: the creation of new research chairs, the purchase of new state-of-the-art equipment, innovative clinical studies, the expansion of the EPIC Centre, and the creation of the global Observatoire de la prévention as part of the Montreal Heart Institute’s digital shift which makes the patient the focus of the care provided.

The Montreal Heart Institute Foundation is proud to support these major innovative projects. Every day, the Foundation works hard to help the professionals at the Montreal Heart Institute who are the vectors of these promising initiatives. The Foundation strives to make sure they have access to the resources they need to implement their projects and to make major discoveries that have the potential to change lives.

I also want to welcome the new Chair of the Board of the Foundation, Lino A. Saputo Jr., who joined the team in the summer of 2018. His passion for the Institute, his leadership, and his expertise will help the Foundation pursue its mission and continue to excel, while encouraging innovation at the Montreal Heart Institute. Mr. Saputo Jr. will be able to count on the same spirit of collaboration, the same support and trust that I enjoyed during my time here. I am confident that with the help of the Foundation’s outstanding team, our precious donors, collaborators, partners, and members of the Institute family, he will lead the Foundation to new heights.

I joined the Foundation’s Board of Directors more than 25 years ago and was privileged to be its President for more than nine years. It was an immense honour for me to contribute to the success of this important institution to the benefit of all Quebecers. Thank you to the Foundation’s team, to the members of our board and its committees, and thank you to the dedicated professionals at the Montreal Heart Institute for your immense trust. I also want to thank all those who supported me during this wonderful adventure. And finally, a heartfelt thank you to all of you who help us save lives every day — you help keep thousands of hearts beating.

Henri-Paul Rousseau
Chair of the Board of Directors
A message from the Chief Executive Officer

The Montreal Heart Institute Foundation has once again accomplished a great deal this year. Thanks to the generosity of our precious donors and the contribution of our collaborators, partners, volunteers, as well as the entire Montreal Heart Institute team, the Foundation has ended the 2017-2018 fiscal year by exceeding its targets. Your donations and involvement throughout the year allowed us to pursue our mission and support the Institute in order to advance fundamental and clinical research in the field of cardiology. Thanks to you, we are able to make our treatments more efficient, provide patients with state-of-the-art technology, and ensure that the Institute continues to be among the world’s best cardiology centres, while remaining at the service of all Quebecers.

Your heartfelt generosity is essential to helping us meet our goals. In 2017-2018, our revenue from donations exceeded $18 million and our investment revenue totalled $6.8 million. This is a wonderful success that will allow us to continue to support the Institute’s mission of excellence and make discoveries that will change the lives of thousands of people.

We’re happy to announce that this year, we will be able to donate $22.8 million to the Montreal Heart Institute for the following:

- $12.2 million for research
- $4.7 million for the Investing in Excellence project
- $3.2 million in technological innovation
- $2.1 million in prevention
- $0.6 million in education

Every day, I hear that what is being done at the Institute is ground-breaking, that we are witnessing major accomplishments and advances, essential to improving the quality of life and life expectancy of patients dealing with cardiovascular disease. This is a source of immense pride for me.

This year again, many advances in cardiology were made at the Institute, and innovative projects continue to abound. For instance, we have continued to invest in the expansion of the EPIC Centre, the largest centre for cardiovascular disease prevention in Canada, by adding an integrative laboratory on human physiology and a laboratory on cognitive impairment and cardiovascular disease. We have allowed the Institute to carry out 47 less invasive surgeries with the help of a da Vinci Xi Surgical Robot. Dr. Yvon Lemarche and Dr. Michel Carrier were also able to implant the first HeartMate III in patients suffering from heart failure. The Pharmacogenomics Centre has completed the genotyping of 24,000 participants in more than 90 clinical studies. We also invested in COLCOT, an international study with results that have the potential to significantly improve the treatment of cardiovascular disease. Finally, we are enthusiastically pursuing our Investing in Excellence project, which has been endorsed by the Government of Quebec and will make the Montreal Heart Institute the largest cardiology training centre in Canada.

I want to take a moment to thank my predecessor, Mélanie La couture, for all her hard work, her dedication, and her passion. She was appointed Chief Executive Officer of the Institute in June 2017 and I am privileged to be able to work closely with her to help our great Institute reach its objectives. I am committed to overseeing the Foundation’s future projects with the same dedication and contagious energy she showed.

I also want to thank Henri-Paul Rousseau for his contribution to the Foundation and the Institute and for his exceptional commitment to his work. His vision and leadership allowed the Foundation to reach new heights and to take on ambitious projects that significantly improved cardiovascular treatment for thousands of patients.

I would like to wish a warm welcome to the new Chair of the Board, Lino A. Saputo Jr., I am delighted to team up with him to take on new projects.

Finally, I want to express a heartfelt thank you to our generous donors, collaborators, volunteers, and partners, as well as the members of the board and its committees, the Institute’s staff and the formidable team at the Foundation. Thank you to all of you for allowing us to do more for cardiovascular health. Thank you for believing in our cause and for continuing to support the Foundation. It is a privilege to work alongside you and to be able to count on your invaluable loyalty! We are extremely grateful.

Josée Noiseux
Chief Executive Officer
The Foundation has established a code of ethics and professional conduct that was approved by its Board of Directors. The corporation thereby commits to building and maintaining an exemplary reputation in terms of ethics and professional conduct throughout all levels of its structure. Each Board member must comply with the standards outlined in this code, which includes provisions for conflicts of interest, confidential information, employment and external resources, entertainment, gifts and benefits as well as the use of the corporation’s goods and property.

The Foundation collects and administers funds to support research, care, teaching, prevention, rehabilitation, and the evaluation of new technology at the Montreal Heart Institute. We therefore have a hand in the excellence of a world-class institution that serves the Quebec community.

We value involvement, integrity, listening and respect to obtain conclusive and effective results, while responsibly, honestly, transparently and soundly managing the funds entrusted to us. Our determination to go the extra mile is inspired by the work of our many volunteers.
2017-2018 OVERVIEW

Activity report

Donations made to the Montreal Heart Institute Foundation have helped us provide the Montreal Heart Institute with the means to reach its goals. Since its creation in 1977, the Foundation has raised nearly $260 million for the Institute. These donations are turning innovative projects into reality and are improving the treatments available for patients suffering from cardiovascular disease thanks to less invasive treatment techniques and preventive approaches on the cutting-edge of science and technology. These medical breakthroughs make a real difference in the lives of patients.

The Foundation donated $22.8 million to the Institute

- $12.2 million Research
- $4.7 million Investing in Excellence
- $3.2 million Technological innovation
- $2.1 million Prevention
- $0.6 million Education

Donations came from

- 64% Major and planned gifts
- 19% Events and fundraising projects
- 17% Direct marketing

The Foundation’s financial statements show that the excess of revenues of expenses before contributions is $20 million. This amount was used as follows:

- $22.8 million Annual contribution to the Institute
- $3.0 million Amount added to the endowment fund
- $5.8 million Use of available funds for the Investing in Excellence Development Project
FLAGSHIP CAMPAIGNS

Heart Beat for the Future campaign

Since 2006, the Foundation’s team, its donors and many volunteers come together for the Heart Beat for the Future campaign. Thanks to the generosity of donors and the contagious determination of all those who participated, we were able to raise more than $70 million, exceeding our ambitious $60 million target! Co-presided by the Right Honourable Jean Chrétien, the Right Honourable Brian Mulroney, André Desmarais, Serge Godin, and Michael J. Sabia, all of whom we want to sincerely thank, this successful campaign allows the Montreal Heart Institute to provide patients with state-of-the-art care, make advances in research, and improve the efficiency of treatments.

Major achievements of the Heart Beat for the Future campaign

CARE
- Construction of an operation room
- Purchase of high-tech specialized medical equipment
- Expansion and reconfiguration of the emergency room
- Construction of a new outpatient centre
- Major investment in pediatric cardiology and treatment of congenital diseases

PREVENTION
- Expansion of the EPIC prevention and rehabilitation centre
- Secondary prevention and cardiac rehabilitation: GOSPEC program
- Training for prevention centres in remote areas

RESEARCH
- Expansion of the research centre
- Construction of a pharmacogenomics centre
- Creation of new research chairs
- André and France Desmarais Hospital Cohort of the Montreal Heart Institute

EDUCATION
- New online and simulation training programs
- Construction of a cardiovascular health training and excellence centre
- Technological upgrade of current rooms
- Purchase of equipment for training purposes
- Launch of a website for professional continuous development

Donors

Major achievements of the Heart Beat for the Future campaign

Donors

$5 million and more
Gisèle Beaulieu et Michel Saucier

$2 to 5 million
Bell
Marissa et Francesco Bellini
BMG Groupe financier
Boston Scientific Ltd.
André Desmarais et
France Christian Desmarais
Paul et Jacqueline Desmarais
Fondation J.-Louis Levesque
The J.W. McConnell Family Foundation
Power Corporation du Canada
St. Jude Medical Canada Inc.

$1 to 2 million
Banque Nationale
Clair and Stephen Bronfman
Family Foundation
CSG
CN
Paul et Hélène Desmarais
Fondation J. Armand Bombardier
Fondation J.A. De Sève
Fondation Jeunesse-Vie
La Great-West, London Life et Canada-Vie
Michal & Renata Hornstein
Mouvement des caisses Desjardins
RBC Banque Royale
Richard J. and Carolyn Renaud
Saputo inc.

$500,000 to $1 million
AstraZeneca Canada Inc.
Banque Scotia
CIBC
Groupe Financier Banque TD
Peter Munk Charitable Foundation
Rino Tinto
Sanofi-Aventis Canada Inc.

$100,000 to $500,000
Administration Portuaise de Montréal
Dr. Andre and Mrs. Nussia Aisenstadt
Alimentation Couche-Tard inc.
ATCO Group
Banque Laurentienne
CAE Inc.
Cardiologues Associés de l’IICM
Dallan Family Foundation
Frances & Reuben Dubroffky / Keycan Ltd.
Énergir
Financière Manuvie / Manulife Financial
The Aaron and Wally Fish Family Foundation
Fondation de la famille Lemaire
Fondation Fernand R. Bibeau
Groupe Ceram Manac Inc.
Groupe COGECO Inc.
Jean-Guy Hamelin
The Mal Hoppenheim Family Foundation
Sandra & Leo Kolber Foundation
Maple Leaf Foods Inc.
Metro inc.
Pratt & Whitney Canada
Rona inc.
Succession Jean-Denis Laramée
Sun Life Financial
Transcontinental inc.

$50,000 to $100,000
Les Anesthésistes Associés de l’IICM
ArcelorMittal Montréal Inc.
Fondation Marcel et Rolande Gosselin
Fondation Samson Bélair Deloitte & Touche Canada
Daniel Lamarre
Liebemeran Tranchementogne
G. Wallace F. McCain
Merck Frosst Canada Ltd.
Monitor Angélique

$25,000 to $50,000
Air Liquide Canada Inc.
Chirurgiens Cardiaques Associés de l’IICM
Construction Albert Jean Limitée
Desau inc.
Fondation Luigi Liberatore
Irma and Robert Fragman
Lous A Tanguay

$25,000 and less
Adelson Design
Serge Archambault
AXA Assurances Inc.
Christiane Bergevin
Claude Blanchet
Michèle Boulet
La Brasserie Labatt Ltée
Capinabel Inc.
Directeurs FICM
Directeurs ICM
Claude Fontaine
Geaft Frigon – Hélène Héroux
Ketchum Canada Inc.
Dr. Marc-André Laliberté
Jean-Yves Leblanc
Dr Guy Legros
Dr Robert Leroux
Brian M. Mulroney
Navilon inc.
Robert Paré
Richard Payeur
Marc Paulin
Jean-Roger
Robert Tessier
François Veillet
Marie-Anne et Michel Vennat
The Windward Foundation
Wynham Worldwild Operations Inc.
Prevent, Predict, and Treat campaign

Launched in 2014, the Prevent, Predict, and Treat campaign was designed to support research, implement priority projects in cardiovascular health, and improve the lives of the tens of thousands of patients who are treated at the Institute every year.

The Foundation’s objective for this campaign is ambitious: raise $100.95 million (out of a total of $156 million) to support advances in cardiovascular imaging, cardiovascular genetics, personalization of care, and prevention. And we are very close to reaching this goal! As of March 31, 2018, the Foundation had raised $79.44 million. This means $21.51 million needs to be raised by the end of the campaign in 2019.

CAMPAIGN GOAL
$100.95 million

AMOUNT RAISED
$79.44 million

Images of the future Institute
1. Main entrance
2. Ambulance entrance
3. View from Bélanger Street
Recipent of the first mechanical heart at the Institute, transplanted in 2002

“When I woke up at the Institute, I was very worried, but my faith was quickly renewed once I got to know the people and learned to appreciate the quality of the resources there. It is refreshing to see such a friendly environment, with such motivated people when our health system is going through a difficult time. The teams are professional, the people are dedicated and there are world-renowned experts and state-of-the-art equipment.”

– Jean Gravel

Hospitalized for ventricular arrhythmia in 2011

“I want to thank the team at the Montreal Heart Institute who have enabled me, still today, to live life to the fullest. This hope has been made possible thanks to the Foundation’s support for cardiovascular disease research.”

– Hugo Langis

Had surgery as a child, my follow-ups are now done at the Institute

“Although my heart operation was performed in another establishment when I was very young, the Montreal Heart Institute has been taking care of me since I turned 18, and they have my trust. I have always received the essential and preventive care I needed, giving me invaluable peace of mind.”

– Justine Hamelin

Underwent open heart surgery at 3 years old

“Having had open-heart surgery for an atrial septal defect at age three, I am fortunate today to be able to enjoy life without any constraints. But not everyone is as lucky as I am, and that is why I wholeheartedly support the mission of the Foundation!”

– Pierre-Marc Hamelin

Underwent open heart surgery over 10 years ago

“In my opinion, the Montreal Heart Institute represents expertise at its very peak, combined with exemplary dedication from the entire team.”

– François Hamelin

Cardiac arrest victim in 2017

“Nobody wishes to be hospitalized, but it is not a choice. On December 11 last year, I went to the Institute with the idea of staying the least amount of time possible. My stay was not as short as I had hoped. However, the excellence of the care I received, the constant presence of doctors, the advice, the answers to my questions, the smiles, the compassion and professionalism of the staff made my time at the Institute much more pleasant than expected. For all these reasons, the Heart Institute is a 5-star hospital... and the food is good too. I would like to thank the Institute for making this ordeal more pleasant.”

– Jean-Philippe LaRose

Had surgery in 2010, UCI Masters Time Trial World Champion in 2011

“In 2009, after a severe tachycardia attack, I found myself at the Heart Institute for catheter ablation, which, thanks to my surgeon’s skills, gave me the life I have today: athletic, active and energetic. It is tremendously unsettling to know that your heart has a defect. We are very fortunate here in Montreal to have the best cardiac health care – it is so reassuring. Thank you for my life, dear Institute!”

– Annick-Isabelle Marcoux

Recipient of the first mechanical heart at the Institute, transplanted in 2002

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The Montreal Heart Institute is:

- 2,026 employees
- 225 doctors who are CMDP members, including
  - 63 cardiologists
  - 15 cardiac surgeons
  - 12 anesthesiologists
  - 11 pharmacists who are CMDP members

- 536 nurses and 83 permanent researchers

- 153 licensed beds (153 staffed beds)
- 113 beds in medical intensive care
- 24 beds in surgical intensive care

- 2,026 employees
- 225 doctors who are CMDP members, including
  - 63 cardiologists
  - 15 cardiac surgeons
  - 12 anesthesiologists

More than 700 students, interns, residents, and fellows in cardiology-related fields.

Annually it is also...

- 2,219 surgical procedures
  - 1,959 major heart surgeries (coronary bypasses, valve surgeries and heart transplants)
  - 360 other surgical procedures, including biopsies

- 5,681 hemodynamic procedures

- 17,834 visits to emergency

- 6,251 visits to outpatient and specialized clinics

- 6,151 hospitalizations

- 2,461 electrophysiology procedures

Types of procedures:

- 1,876 patients received coronary, drug-eluting, bioabsorbable or standard endovascular stents

- 927 patients underwent vascular surgery, including 169 that were minimally invasive

- 870 patients had coronary bypasses

- 473 patients received a cardiac defibrillator

- 807 patients received a pacemaker

- 730 patients underwent catheter ablation of cardiac arrhythmia

- 5,681 hemodynamic procedures

- 2,026 employees
- 225 doctors who are CMDP members, including
  - 63 cardiologists
  - 15 cardiac surgeons
  - 12 anesthesiologists

Our patients come from:

- 50% from the Island of Montreal
- 50% from outside

Grants, awards and distinctions

The Department of Medicine’s teaching professor award chosen by residents was given to Dr. Marie-Claude Parent.

- Dr. Jean-Lucien Rouleau received the Order of Canada for his contributions to developing the field of cardiology as a researcher, clinician and university administrator.

- Dr. Léna Rivard and Dr. Rafik Tadros received the Fonds de recherche du Québec – Santé, Québec, award.

- Dr. Marc Jolicoeur received the Association of Faculties of Medicine of Canada award.

- Sylvie Conrotto, PhD, was awarded the 2018 Prix Florence, presented by the Ordre des infirmières et infirmiers du Québec, in the Nursing Education and Research category.

- Dr. Stanley Nattel received the Margolese Award for his research on arrhythmia.

The Montreal Heart Institute Foundation - 212017-2018 ANNUAL REPORT
2017-2018 Highlights

Dr. Jean-Claude Tardif’s team discovered the mechanism behind the protective effects of reduced activity of the ADCY9 gene in atherosclerosis.

Dr. Paul Khairy used and developed a magnetic guidance technique to more precisely position a cardiac ablation catheter.

Dr. Louis Bherer’s team has been studying the impact of interventions combining cognitive training and aerobic exercise on spontaneous walking speed, a health indicator in older adults.

Dr. Valérie Turcot, postdoctoral researcher in Dr. Guillaume Lettre’s laboratory, published results shedding light on the identity of eight new genes that influence the development of obesity in a significant number of transgenic mice.

Dr. Michel Carrier and Dr. Yoan Lamarche implanted the first HeartMate III.

The Montreal Heart Institute’s Health Innovations Coordinating Center (MHICC) is leading the international Dal-GenE clinical trial study, which represents the first application of precision cardiovascular medicine arising from pharmacogenomics. The focus of the study is on the use of the genetic signature to target the most appropriate drug for each patient.

The Beaulieu-Saucier Pharmacogenomics Centre at Université de Montréal received a $12 M grant from the Canada Foundation for Innovation to expand its facilities, which will house new microbiomics and metabolomics laboratories, as well as a new artificial intelligence laboratory for advanced automated data processing.

The Pharmacogenomics Centre completed genotyping for over 24,000 participants in more than 90 clinical studies, after a collaboration agreement with pharmaceutical company AstraZeneca on the research of genes linked to cardiovascular diseases and diabetes, as well as to complications and treatments associated with these diseases. Analyses are currently underway and promising preliminary results have been obtained.

Dr. Philippe Demers became Vice President of CMDP and Vice-President of the Association des chirurgiens cardiovasculaires et thoraciques du Québec.

Dr. Louis P. Perrault became President of the Association des chirurgiens cardiovasculaires et thoraciques du Québec.

Publications

Numerous articles were published this year in prestigious scientific journals:

- Circulation
- Journal of the American College of Cardiology: Heart Failure
- Journal of the American College of Cardiology: Cardiovascular Interventions
- Aging Clinical and Experimental Research
- European Journal of Nuclear Medicine and Molecular Imaging
- American Journal of Physiology: Heart and Circulatory Physiology
- Nature Genetics
- Biomedical Optics Express

Outreach

Training

- 26th Symposium in Interventional Cardiology
- 6 educational symposiums on the subject of arrhythmias for Quebec and Canadian cardiologists
- 2-day symposium on the Ross procedure
- 2nd ECMO Day, in collaboration with the Canadian Cardiovascular Critical Care Society, at the Vancouver General Hospital, British Columbia

Our distinguished doctors

- Dr. Philippe Demers became Vice President of CMDP and President of the Association des chirurgiens cardiovasculaires et thoraciques du Québec.
- Dr. Louis P. Perrault became President of the Association des chirurgiens cardiovasculaires et thoraciques du Québec.

Together to better prevent, predict and treat heart diseases.
Professionals at the Institute

Coming together for the cause

The Montreal Heart Institute Foundation acknowledges the generosity of the professional teams working at the Montreal Heart Institute who chose, in 2017–2018, to support the Foundation with an unwavering commitment. Every day they save more lives, and every day we give them the means to achieve their ambitions.

We are proud to be strong partners in the fight against cardiovascular diseases.

A special thank you goes out to the professional groups who, by their contribution to the Foundation, are making the Montreal Heart Institute one of the best cardiology centres in the world.

The Foundation would like to thank you for your precious support, your involvement, your availability, and most of all your commitment to devote all your energy on better preventing, predicting and treating cardiovascular diseases, day in and day out.
The Saputo family has been involved with the Montreal Heart Institute and its Foundation for nearly 30 years. True visionaries and precious partners, the members of the Saputo family care about the well-being and health of Quebecers. With this in mind, the Saputo family chose to play a major role in supporting the prevention of cardiovascular diseases. In 2016, they donated $10 million to support major projects at the Montreal Heart Institute and the EPIC Centre in the field of prevention. Today, this historic gift is providing important leverage to projects carried out by the professionals at the Montreal Heart Institute, helping to improve the quality of life, survival and longevity of the population, in Quebec and elsewhere.

Part of this donation was invested in the creation of the Chaire de recherche Mirella et Lino Saputo en santé cardiovasculaire et prévention des troubles cognitifs de l’Université de Montréal à l’Institut de Cardiologie de Montréal. It was officially launched on May 25, 2017 at Université de Montréal. The work carried out by full professor Dr. Louis Bherer and his team aims, among other things, to improve the understanding of cognitive disorders, to develop approaches to better prevent and treat these disorders, and to understand the impact of prevention on cardiovascular health and cognition, with the ultimate ambition of slowing or inhibiting the development of cognitive disorders.

A wholehearted thank you to Ms. Mirella and Mr. Lino Saputo for the extraordinary support they have given to research on cardiovascular diseases and the prevention of cognitive disorders.
Marcelle and Jean Coutu Foundation

A major partner of the Montreal Heart Institute in supporting research excellence

The Marcelle and Jean Coutu Foundation plays a key role in Quebec society, supporting major initiatives that positively impact the community. A partner of the Montreal Heart Institute Foundation since 2014, the Foundation is making a real difference in the lives of people suffering from cardiovascular disease by supporting excellence in research, pushing the limits and promoting scientific rigour.

The Marcelle and Jean Coutu Foundation and the Montreal Heart Institute Foundation share a common vision and values that have made it possible to create two research chairs in heart failure, representing a major investment of $3 million.

In 2014, was created the Chaire Fondation Marcelle et Jean Coutu de traitements chirurgicaux novateurs en insuffisance cardiaque de l’Université de Montréal à l’Institut de Cardiologie de Montréal. Under the leadership of Dr. Louis P. Perrault, this chair supports research on the study and development of new treatments aimed at reversing the pathological process of heart failure. More specifically, the research seeks to improve cardiac function in patients, as well as their life expectancy and quality of life.

In 2017, the Marcelle and Jean Coutu Foundation made possible the creation of a second research chair, the Chaire Fondation Marcelle et Jean Coutu et Cal et Janine Moisan pour de meilleures pratiques en insuffisance cardiaque avancée de l’Université de Montréal à l’Institut de Cardiologie de Montréal. Launched on September 26, 2017 at Université de Montréal under the leadership of Dr. Anique Ducharme, this chair supports work that will help improve the life expectancy and quality of life of patients suffering from heart failure.

We extend our warm thanks to the Marcelle and Jean Coutu Foundation for its generous support and unwavering commitment to research in heart failure.
In 2017, the Fondation J.A. DeSève made a generous contribution to the COLCOT clinical study, aimed at considerably reducing the risks of heart attack and stroke. The study focuses on the potential impact of colchicine, an anti-inflammatory of plant origin that has been known and used for hundreds of years. The Institute is considering using colchicine, which is both accessible and affordable, to reduce the risk of recurrence of cardiovascular events in patients who have recently suffered a heart attack.

No other project of this kind, at a national or international level, has taken such an in-depth look at this complex and important societal issue in patients after a recent infarction.

Thank you to the Fondation J.A. DeSève for its invaluable support in this clinical study, which will certainly change the lives of people living with cardiovascular disease.
Surgical robot

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Official launch of the da Vinci Xi surgical robot at the Montreal Heart Institute

In 2017, the Montreal Heart Institute acquired the da Vinci Xi surgical robot, the first in Canada to be dedicated to cardiac surgery. A virtual extension of the eyes and hands of surgeons, the robot allows them to perform procedures with enhanced precision and control, in a minimally invasive manner. It is safe, effective, easy to use and optimized for teaching, providing health professionals with unprecedented anatomical access and extremely high-definition 3D vision. It is a major acquisition for the Montreal Heart Institute's Surgery Department and for the patients who will benefit from this state-of-the-art technology. The Foundation would like to extend a warm thank you to the donors who made possible the acquisition of this state-of-the-art surgical robot. Their heartfelt gestures are helping to push the boundaries of medicine.

Montreal Heart Institute Foundation marks 10 years of support for nursing from TD Bank Financial Group

On October 13, 2017, the Foundation held an event at the Montreal Heart Institute’s Research Centre to honour TD Bank Financial Group’s 10-year commitment in supporting excellence in nursing care. This convivial event brought together members of TD Bank Financial Group, students who were receiving scholarships and Ms. Liza O’Doherty, Director of Nursing at the Institute. This scholarship ceremony gave everyone the opportunity to discuss and learn more about the projects carried out by scholarship recipients at the Montreal Heart Institute, as a result of the generous funding of the TD Group. In 2017-2018, thanks to the Group’s generosity, the Montreal Heart Institute Foundation was able to award scholarships to undergraduate, graduate and post-graduate students, scholarships to support continuing education and a scholarship dedicated to mentoring nursing graduate students. TD Bank’s support is vital since it enables the Institute to ensure the development and training of its nursing staff, thereby maintaining the Heart Institute’s reputation for excellence.
Events of the Foundation

Every event organized by the Foundation, no matter its size, is extremely important and gets thousands of people involved in the cause to fight cardiovascular disease. This past year has been tremendously successful in this regard. This is due to all of those who believe in the power of mobilizing people and who have worked hard to support us.

The Grand Bal des Vins-Cœurs is without a doubt the Foundation’s flagship event. In 2017, several members of the business community and many of the Foundation’s donors took part in the event. The evening was a resounding success: more than $1.7 million was raised with the goal of contributing to the excellence of one of the world’s leading cardiology centres and to fight the number one cause of death in the world: cardiovascular disease. This success is due to the dedication of the community and our precious partners: Cirque du Soleil, SAQ, and our platinum partner, Pomerleau.

A special tribute was paid to Philippa and Marvin Carsley at this year’s event to thank them for their generosity, continuing involvement, and dedication to the Montreal Heart Institute Foundation.

AMOUNT RAISED
$1,743,458

GUESTS
650
The next generation of philanthropists is actively involved at the Foundation and we could not be prouder! For the fourth year in a row, the 20 members of the Emerging Leaders Committee held the HeartBeat event. This year’s edition was an animated gathering organized by and for young professionals. It is an opportunity to raise awareness about the prevalence of cardiovascular disease among young people and a chance to enjoy a lively evening in support of this cause.

Emerging leaders come together for the cause

**AMOUNT RAISED**

$88,422

**GUESTS**

365
Participants of Run for the Heart program

**AMOUNT RAISED**

$53,260

**PARTICIPANTS**

More than 100

Since the launch of the new fundraising platform, more than 100 runners have dedicated their races to the fight against cardiovascular disease. And their efforts have borne fruit: more than 800 Quebecers whose lives have been affected by the Montreal Heart Institute have generously supported these participants in their bid to make a difference. This year, the initiative raised $53,260. The funds will be used to further research in cardiovascular disease.

In 2017, I decided to partner with the Montreal Heart Institute Foundation’s Run for the Heart program.

For me, there are three great benefits of taking part in Run for the Heart! I get to exercise, to raise funds for a cause that is dear to my heart, and, most importantly, to raise awareness about cardiovascular disease which is still among the world’s leading causes of death.

I rose to the challenge this year! I ran 8 km and I exceeded my fundraising target. I invite anyone who likes to run, whether they are beginners or experts, to think about Run for the Heart for their next racing challenge so they can support the Foundation. That is a good reason to run.

— Joannie Rochette

""
Soirée des Cœurs Universels

**AMOUNT RAISED**
$209,956
**GUESTS**
500

The community has been coming together for the past 15 years for the Foundation. Thank you for your passion.

Kanawaki Golf Tournament

**AMOUNT RAISED**
$110,000
**GUESTS**
113

The tradition continues with the 31st edition of the golf tournament thanks to John A. Rae. Thank you!

**$2 Does the Heart Good with IGA**

**AMOUNT RAISED**
$331,764
**NUMBER OF $2 DONATIONS**
165,882

Held this past February in the 293 IGA stores in Quebec and New Brunswick, the $2 Does the Heart Good campaign celebrated 35 years of collaboration between IGA and the Foundation. Over the years, this partnership has resulted in nearly $9 million being raised and invested in prevention. Thank you to IGA, a partner with a big heart.

New this year: because fruits are good for your heart and good for you, IGA generously gave a fruit to every client who donated $2 or more.

Thank you IGA!

**Loto Cardio**

**AMOUNT RAISED**
$124,640
**TICKETS SOLD**
653

Employees of the Montreal Heart Institute come together for the cause. Thank you for supporting us!

Partners who care for the cause

Fundraising projects organized for the benefit of the Foundation make medical breakthroughs possible while encouraging employees and members of the community to mobilize for the cause.

YOUR GENEROSITY KNOWS NO BOUND
Events and fundraisers organized by our precious collaborators

Our mission becomes truly clear when people from all walks of life unite their efforts and take action, no matter how, to support medical advances. When generous souls organize events and fundraisers, they support the Institute in its fight against cardiovascular disease.

To all these individuals, associations, and companies, we want to express our sincere thanks. You keep the hearts of thousands of patients beating!

Montreal International Auto Show Charity Preview

AMOUNT RAISED
$153,469

The car industry comes together to promote health. Thank you!

Monaco Group Classic

AMOUNT RAISED
$156,500

Thank you to the Monaco Group Foundation! For over the past 10 years, they have been proudly contributing to research in cardiovascular health.

Défi des Cœurs

A race that has been organized for the past five years by Chantale Boucher, a patient of the Institute, to support the Foundation.

Polo avec Cœur

A noble sport for a noble cause! Thank you to Carol and Don Pennycook!

Érablière Saint-Henri

Indulge your sweet tooth for a good cause, an outpouring of generosity.

The Color Run

The happiest and most generous 5 km on the planet.

Other events and fundraisers from our precious collaborators

- #DERIAMARO
- #effetBALNEA
- Bô-Sapin
- Fundraising campaign – Funding Innovation
- Chapiteau bénéfice – Festival Western de St-Tite
- “Aimez avec votre cœur” concert
- Le Tricheur
- Omnium Guy-Blondeau
- Omnium Roland-Beaulieu
- Partnership with E for Emma
- Rase-O-Thon – Elizabeth Hill
- Association Lega Agnonese Golf Tournament
- National Bank Golf Tournament
- Clément-Phaneuf Golf Tournament
- Jewellery sale – Angela
- Yard sale – Ted Zabratany

YOUR GENEROSITY KNOWS NO BOUNDS
The Visionary Circle

The Visionary Circle includes generous people who are an integral part of the Montreal Heart Institute family. Committed to ensuring the sustainability of the Institute and to supporting its initiatives and major projects, these Visionaries greatly contribute to the excellence in cardiovascular medicine.

Every year, we organize special events dedicated to our Visionaries at the Institute. During these activities, Visionaries enjoy a tea or wine tasting while attending a conference given by a doctor, researcher, or other professional from the Montreal Heart Institute. These friendly activities allow Visionaries to exchange and to learn more about the advances their donations are making possible.

We want to highlight the invaluable participation of the Montreal Heart Institute’s health professionals who took part in this year’s events for the Visionary Circle and to thank them for their involvement: Dr. Alain Vadeboncoeur, Dr. Eric Thorin, Dr. Ismail El-Hamamsy, and Dr. Jean-Claude Tardif. Thank you!

We also want to thank the members of the Planned Gifts Committee for their participation. They play a key role in organizing events for the Visionary Circle by accepting to generously share their knowledge and passion.

Members of the Planned Gifts Committee

Louis A Tanguay
Isabelle Fecteau
David Forest
Anna-Marie Girard-Plouffe
Claude Paquin
Jean Roy

Bequests

A heartfelt gesture to support the fight against cardiovascular disease.

We cannot overlook the immense generosity of those who have decided to kindly make the Montreal Heart Institute Foundation part of their estate planning. This heartfelt gesture allows the Institute to continue to make breakthroughs in cardiovascular medicine and will help future generations benefit from the positive effects of their donation.

To the loved ones and the families of these individuals, we want to convey our most sincere gratitude for this extraordinary generosity. Their precious legacy opens up a world of possibilities for those affected by cardiovascular disease.

During the 2017-2018 fiscal year, their immense generosity raised $1,558,323 for the Montreal Heart Institute Foundation.

Thank you

Manette Barre-Madore
Marie-Paule Binette
Claire Brunet
Léona Brunet
Jean-Paul Carrière
Solange Chalifour
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Jean Vinet

The Dr. Paul-David Society

Annual donations between $250 and $4,999

Dr. Paul David was one of the builders of the Montreal Heart Institute. He gifted Quebec and Canada with an exceptional cardiology institution, whose reputation has now transcended borders. As a tribute to this great man, we created the Dr. Paul-David Society. The Society brings together caring people like him and allows the Institute to benefit from their immense generosity. In 2017-2018, an impressive 1,716 donors were members of this prestigious Society.

Annual Conference

The Foundation can count on the 8,982 members of the Dr. Paul-David Society and loyal donors, including some who have been part of our family for nearly 38 years. These donors are a key part of the Institute’s success, allowing it to keep even more hearts beating. We are extremely grateful.

In order to thank our most loyal donors, the Foundation organized its 9th annual conference on the theme of prevention. For the occasion, the Institute’s Director of Prevention, Dr. Martin Juneau, presented his book Un cœur pour la vie: prévention cardiovasculaire globale. Dr. Louis Bherer, researcher at the Montreal Heart Institute and EPIC Centre and full professor at the medicine department at Université de Montréal, gave a lecture on brain health titled Vieillir avec un cerveau en santé : les bienfaits de l’activité physique et de la stimulation cognitive.
Dr. Gaétan Mayer receives
the Martial G. Bourassa Award

The Martial G. Bourassa Award ceremony was held at the Montreal Heart Institute on November 2, 2017. The award was created by Dr. Martial G. Bourassa, O.C., M.D., an emeritus cardiologist and researcher who was one of the pioneers of cardiology in Quebec. He was the first Director of the Montreal Heart Institute’s Research Centre and contributed to several significant discoveries in cardiology.

Every year, the Montreal Heart Institute Foundation has the privilege of awarding the Martial G. Bourassa Award to a young researcher in clinical or fundamental research who has stood out thanks to the excellence of their work and continued involvement in the world of science. The Foundation is proud to support the numerous major discoveries that have the potential to change lives.

In 2017, the award was given to Dr. Gaétan Mayer, researcher, and Director of the Montreal Heart Institute’s molecular and cellular biology laboratory and assistant professor at Université de Montréal’s faculty of pharmacy.

Our hearty congratulations to the recipient.

Five fellows receive a Bal du Cœur scholarship

Thanks to the generosity of Tony Meti, the Bal du Cœur scholarships are awarded every year to young doctors to support their postdoctoral studies and help them develop their knowledge and skills.

By encouraging the next generation of medical professionals, the Bal du Cœur scholarships help future generations receive the best treatments possible. These scholarships allow the Montreal Heart Institute to remain at the cutting-edge of cardiovascular medicine, provide patients with the best treatments possible, promote postdoctoral studies, support the best candidates and offer them the financial support they need to pursue their studies.

Our congratulations to the recipients:

Dr. Guillaume Marquis-Gravel
Dr. Nicolas Rousseau-Saine
Dr. Shaun Selcer
Dr. Nicolas Thibodeau-Jarry
Dr. Maxime Tremblay-Gravel

Supporting Excellence
in Nursing

On May 11, 2017, during the Semaine de la profession infirmière, a proud annual tradition at the Montreal Heart Institute when nursing scholarships were awarded for the 10th year in a row.

Students, recipients, and professionals gathered for the event to highlight the excellence of the nursing services provided at the Montreal Heart Institute. The Institute has the privilege of counting on the exemplary work of its nurses who are passionate, devoted, versatile, and dedicated to the well-being of patients.

Thanks to the generous support of TD Bank Financial Group, Jean-Pierre Themens, and the Montreal Heart Institute Foundation, more than $85,000 was distributed in scholarships for undergraduate, graduate, and post-doctoral studies as well as scholarships to support continuous professional development and a scholarship dedicated to helping mentor graduate nursing students.

The Montreal Heart Institute Foundation wants to sincerely thank all the donors who made this event possible. Thanks to you, we are actively helping the nursing profession shine.
Research Day at the Montreal Heart Institute’s Research Centre

Awarding excellence in research

The 20th edition of Research Day took place on June 1, 2017, at the Montreal Heart Institute. The event is a competition organized for students, postdoctoral fellows, residents, and research supervisors who are invited to present their research to the Montreal Heart Institute staff. In addition to highlighting the excellence of work being done in medical research, this event is an opportunity for participants to exchange and advance in their career. The day ended with awards for the best presentations.

J.-Louis Lévesque Awards from the Montreal Heart Institute Foundation

Founded in 1989, the J.-Louis Lévesque Awards were created to recognize the individuals who gave the best oral presentations in clinical and fundamental research and to encourage them in the pursuit of their work.

1st prize, clinical research

- Nadia Bouabdallaoui

1st prize, fundamental research

- Alexandre Bergeron
- Anthony Pinçon

Jacques Landreville Awards from the Montreal Heart Institute Foundation

These awards recognize the best oral presentations during student seminars at the Institute. The scholarships awarded will encourage the winners to pursue their research.

1st prize, master’s

- Vanessa Deschambeault

1st prize, postdoctoral

- Roselle Gélinas

Congratulations to all the winners of this 20th edition.
Thank you to our donors

The Foundation is thrilled to have benefitted from the generosity of 27,382 donors this year. They made 52,068 donations totalling an outstanding $18,080,841.

These thousands of generous donors and their heartfelt actions contribute to the excellence of one of the top three cardiology centres in the world and make a real difference in the lives of patients and their families. We want to warmly thank them and remind them they can be proud of contributing to the Montreal Heart Institute's activities and the cardiovascular health of its patients.

Note: The list of donors on our Honour Wall can be consulted at GIVEfortheHEART.org
Thank you to our donors

The Foundation would like to recognize the philanthropic spirit of its donors, people with heart who have chosen to make a difference by donating $5,000 or more or who have committed to doing so.

$5 million and more

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Montreal Heart Institute Foundation - 53
"Your Donations Go Far"
Thank you to all of you! partners who support our events. (see the list on page 57) as well as all our Board of Directors and its committees need to recognize the hard work of the In addition to volunteers on-site, we also for their generosity. The Montreal Heart Institute Foundation wants to thank all of them time and efforts to the Institute. The This year, 223 volunteers donated their on the dedication of exceptional individuals. activities are human endeavours that rely our volunteers Thank you to YOUR DONATIONS GO FAR


YOUR DONATIONS GO FAR

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Thank you to our partners

Every year, numerous partners and sponsors team up with the Foundation to make a difference in the lives of patients. They share the same dreams and ambitions we do and make our achievements possible. With their generosity, they support our mission and help us build a better tomorrow.

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The 2017-2018 Board of Directors

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Adriana Embiricos, President
Lino A. Saputo Jr., Vice-president
André Courville, Treasurer
Michel Boisclair, Secretary
Josée Noisette, Chief Executive Officer

Executive Committee*

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Éric Lamarre
Pierre-Édouard Lavoie
Tom Little
Tony Meti
Bruno Roy
Louis A Tanguy
François Veillet

*Including the officers

We want to warmly thank our external members for their contribution to our various committees.
Every year, the Montreal Heart Institute pushes the boundaries of medicine in order to provide the best cardiovascular treatments to patients. This is made possible by the generosity of our donors. Their support to our various projects greatly contributes to the Institute’s reputation for excellence and paves the way for discoveries and treatments that will change the lives of patients.

Distribution of hearts

To celebrate Heart Month and Valentine’s Day, the Institute, the Foundation, and the Users’ Committee distributed hearts as a sign of their best wishes to patients at the Institute.

A spotlight on the Institute

- “Du cœur au ventre” – a documentary on the Montreal Heart Institute broadcast on Canal-D. (1)
- Dr. Stanley Natell receives the Margolese award for his innovative work in arrhythmia. (2)
- From a medical standpoint, watching hockey increases heart rates, a study carried out by Leia T. Khairy, Roxana Barin, and Dr. Paul Khairy. (3)
- Inauguration of the Surgical Robot (PiXi) at the Institute. (4)
- Appointment of Dr. Jean-Lucien Rouleau, cardiologist at the Montreal Heart Institute, to the Order of Canada, for his contribution to advances in the field of cardiology as a researcher, clinician, and university administrator. (5)
Statement of operations and changes in the fund balance
Year ended on March 31, 2018 (In thousands of dollars)

<table>
<thead>
<tr>
<th></th>
<th>2018</th>
<th>2017</th>
</tr>
</thead>
<tbody>
<tr>
<td>Contributions</td>
<td>$20,505</td>
<td>$27,303</td>
</tr>
<tr>
<td>(Deficiency) excess of revenues over expenses</td>
<td>($504)</td>
<td>$643</td>
</tr>
<tr>
<td>Fund balance at beginning of year</td>
<td>$127,955</td>
<td>$127,312</td>
</tr>
<tr>
<td>Fund balance at end of year</td>
<td>$127,451</td>
<td>$127,955</td>
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Contributions
The Foundation has pledged to donate $31,025,655 to the Montreal Heart Institute. This amount includes $20,173,984 for Phase II of the Montreal Heart Institute’s Investing in Excellence construction project.

Note: Copies of the Montreal Heart Institute Foundation’s financial statements are available at the following address:
The Montreal Heart Institute Foundation
5000 Bélanger Street, Montreal (Quebec) H1T 1C8 | GIVEfortheHEART.org
The Foundation team thanks you!